

2020

2021



COMMUNITY RESOURCES

GUIDE



**COVID-19
Resources**



Physical/Mental Health, Food, Shelter & Legal Resources



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Note: This is not meant to be an all inclusive listing of services for the topic areas listed above. It is our hope that the staff, parents, and students of SD 163 can use this guide as a starting point in their search for community based services.

101 WAYS TO PRAISE A CHILD

*Wow * Way to go * You're special * Outstanding * Excellent **

*Great * Good * Well done * Remarkable * **

*Super star * Nice work **

*Looking good * You're catching on **

*Now you've got it * How smart * Good job **

*That's incredible * Very good * Remarkable job **



*You're beautiful * You're a winner * You make me happy * You're important **

*Fantastic * You're on target * How nice * You're spectacular **

*You're a darling * Super job * Beautiful work * Nothing can stop you now **

*You're fantastic * Awesome * You're precious * Fantastic job **

*You've discovered the secret * You're responsible * You're exciting **

*You're fun * You're a real trooper * Marvelous **

*Terrific * How wonderful * You tried hard **

*You figured it out * What a good listener **

*You're a treasure * You're a good friend **

*That's correct * You did your best * You did it right **

*You're incredible * Now you're flying * You're brave * I like you * I*

*respect you * I love you * I trust you * I'm so proud of you **

*You brighten my day **

*You're unique * Super work * You're the best **

*You made my day * You're sensational **

*How beautiful * You mean the world to me **

*You're a joy **

*You're shining bright * Great effort **

*You're perfect * You're wonderful*



Children Learn What They Live

If children live with criticism, they learn to condemn.

If children live with hostility, they learn to fight. If children live with ridicule, they learn to feel shy. If children live with shame, they learn to feel guilty.

If children live with encouragement, they learn confidence.

If children live with tolerance, they learn to be patient.

If children live with praise, they learn to appreciate.

If children live with acceptance, they learn to love.

If children live with approval, they learn to like themselves.

If children live with honesty, they learn truthfulness.

If children live with fairness, they learn justice.

If children live with security, they learn to have faith in themselves and others.

If children live with friendliness, they learn the world is a nice place in which to live.

-Dorothy Law Nolte-

AREA POLICE AND FIRE DEPARTMENT NUMBERS

EMERGENCY

DIAL 911

NON-EMERGENCY PARK FOREST POLICE DEPARTMENT

200 LAKEWOODBLVD

PARK FOREST, IL 60466

708-748-4700

708-748-4701 (*non-dispatch, records etc.*)

NON-EMERGENCY CHICAGO HEIGHTS POLICE DEPARTMENT

1601 S. HALSTED

CHICAGO HEIGHTS, IL 60411

708-756-6400

708-756-6421 (*anonymous crime tip hotline*)

NON-EMERGENCY PARK FOREST FIRE DEPARTMENT

156 INDIANWOOD BLVD

PARK FOREST, IL 60466

708-748-5605

NON-EMERGENCY CHICAGO HEIGHTS FIRE DEPARTMENT

83 JOE ORR RD

CHICAGO HEIGHTS, IL 60411

708-756-5370

STATE OF ILLINOIS TOLL-FREE NUMBERS

Adoption Information	http://state.il.us/dcfs/adoption/index.shtml	800-572-2390
AIDS Hotline	http://hab.hrsa.gov/gethelp/statehotlines.html	800-243-2437
Aging, Senior Assistance and Elder Abuse Hotline	http://www.illinois.gov/aging/Resources/Pages/helpline-main.aspx	800-252-8966
Advocacy Office for Children and Families	http://www.state.il.us/dcfs/docs/AdvocBro.pdf	800-232-3798
Amtrak	http://www.amtrak.com/contact-us	800-872-7245
Army National Flood Insurance	http://www.dnr.illinois.gov/waterresources/pages/faq's.aspx	800-638-6620
Arson Hotline	http://www.sfm.illinois.gov/fireservice/arsonhotline.aspx	800-252-2947
Arts Council, Illinois	http://www.arts.illinois.gov/contact-us	800-237-6994
Attorney General's Office/Consumer Protection	http://www.illinoisattorneygeneral.gov/consumers/	800-386-5438
Cancer Information Service	http://www.cancer.gov/global/contact	800-422-6237
Child Abuse Hotline (Report Suspected Abuse)	http://www.state.il.us/dcfs/FAQ/faq_CPF.shtml	800-252-2873
Parents Anonymous (Child Abuse)/ Administration for Children & Families	https://www.childwelfare.gov/pubs/usermanuals/neglect_93/neglect1.cfm	800-421-0353
Circuit Breaker Assistance	http://www.willcountyseniors.org/faq.php	800-732-8866
Citizens Utility Board (CUB)	http://www.citizensutilityboard.org/	800-669-5556
Client Assistance Program (Disability Rights)	http://www.dhs.state.il.us/page.aspx?item=29978	800-641-3929
Crime Victim Clearinghouse, Attorney General	http://www.illinoisattorneygeneral.gov/victims/	800-228-3368
Dental Referral Services	http://www.isds.org/	800-252-2930
Disability Determination Services	http://www.dhs.state.il.us/page.aspx?item=29979	800-637-8856
Disabled Individual Assistance Program and Unemployment	http://www.dhs.state.il.us/page.aspx?	800-275-3677

Drug and Alcohol Abuse	http://www.samhsa.gov/treatment/	800-662-4357
Energy Assistance and Weatherization	http://www2.illinois.gov/KeepWarm/Pages/FamilyAssistance.aspx	800-252-8643
Emergency Services & Disaster Agency	http://www.epa.state.il.us/emergency-response/	800-782-7860
Foster Parenting Hotline	http://www.state.il.us/dcf/foster/index.shtml	800-624-5437
Hearing Impaired Phone Access	http://www.illinoisrelay711.com/content.htm	TTY users 800-526-0844
		Voice users 800-526-0857
		TTY distributor 800-833-0048
		VCO 877-826-1130
Illinois Housing Authority	http://portal.hud.gov/hudportal/HUD?src=/states/illinois/renting/ha-websites	800-942-8439
Help me Grow – Futures for Kids		800-323-4769
Illinois Dept. of Human Services (Medical Assistance, Mental Health, WIC)	http://www.dhs.state.il.us/page.aspx?item=29722	800-843-6154
Illinois State Board of Education	http://www.isbe.net/	800-845-8749
HIV & STD Hotline	http://hab.hrsa.gov/gethelp/statehotlines.html	800-243-2437
Literacy Hotline	http://www.idaillinois.org/utills/getfile/collection/edi/id/624853/file name/633889.pdf	800-321-9511
Medicare & Medicaid/Fraud or Abuse	http://www.cms.gov/Medicare-Medicaid-Coordination/Fraud-Prevention/FraudAbuseforConsumers/Report_Fraud_and_Suspected_Fraud.html http://www.cms.gov/Medicare-Medicaid-Coordination/Fraud-Prevention/FraudAbuseforConsumers/Report_Fraud_and_Suspected_Fraud.html	800-447-8477
Missing Children – “I-Search” (Illinois)	http://www.isp.state.il.us/	800-843-5763
Nursing Home Information and Abuse	http://www.illinois.gov/aging/ProtectionAdvocacy/LTCOmbudsman/Pages/ombuds_reporting.aspx	800-252-4343
Organ/ Tissue Donor Information	http://www.organdonor.gov/about/data.html?gclid=CJnWosigxcACFVQV7AodM3wAMQ	800-210-2106
Poison Control (Statewide)	http://illinoispoisoncenter.org/	800-942-5969 800-222-1222

Public Aid/Medicaid Food Stamps & Other Information Medicare & Medicaid, To Report Fraud or Abuse	http://www.dhs.state.il.us/page.aspx?item=33698	800-252-8635 800-447-8477
Public Health Family Hotline (Parents Too Soon, Prenatal and Newborn Care, And Supplemental Food/WIC)	http://www.dhs.state.il.us/page.aspx?item=30513	800-545-2200
School Violence Tip Line	http://illinoisattorneygeneral.gov/children/schoolviolence.html	800-477-0024
Secretary of State's Office	http://www.illinois.gov/Pages/default.aspx	800-252-8980
Seniors and Persons with Disabilities Hotline	http://www.illinois.gov/aging/Pages/default.aspx	800-252-2904
Toll-Free Directory Assistance	http://www.tollfreeda.com/faq.cfm	800-555-1212
Veterans Affairs	http://www2.va.gov/directory/guide/facility.asp?ID=848	800-827-1000

VILLAGE, TOWNSHIP & LIBRARY NUMBERS

Park Forest Village Hall

350 Victory Drive Park Forest, IL 60466

Phone: (708) 748-1112

www.villageofparkforest.com or Email: info@vopf.com

*Housing Authority, Park Forest Health Department Nurse, Vehicle sticker purchase, Pet registration
Water bill payment*

Bloom Township Center

425 S Halsted Chicago Heights, IL

Phone: (708) 754-9400

*Chicago Heights, Crete, East Hazel Crest, Ford Heights, Glenwood, Homewood, Lynwood, Sauk Village,
South Chicago Heights, Steger*

Youth Counseling Services

City of Chicago Heights Village Hall

1601 Chicago Road Chicago Heights, IL 60411

Phone: (708) 756-5300

www.cityofchicagoheights.org

Fax: (708) 756-5310

*Vehicle sticker, Passport service, Voter registration, Pet license, Garage sale permit, Code red alerts
Business license*

Rich Township Complex

22013 Governor's Highway Richton Park, IL 60471

Phone: (708) 748-6722

www.richtownship.org

*Flossmoor, Hazel Crest, Homewood, Matteson, Olympia Fields, Park Forest, Richton Park, Tinley Park
Food Pantry- 1st Wednesdays Only 12:30-3:30 pm. Monday-Friday 1:30-3:30 pm. Youth Services, Summer
Programs.*

Park Forest Public Library

400 Lakewood Blvd Park Forest, IL

Phone: (708) 748-3731

www.pfpl.org

- **Sunday (Sept-May)** 1:00 pm-5:00 pm
- **Monday-Thursday** 10:00 am-9:00 pm
- **Friday & Saturday** 10:00 am-5:00 pm

Chicago Heights Public Library

25 W. 15th St. Chicago Heights, IL

Phone: (708) 754-0323

www.chicagoheightslibrary.org or email chs@ChicagoHeightsLibrary.org

- **Monday-Thursday** 10:00 am-7:00 pm
- **Friday** 10:00 am-5:00 pm
- **Saturday** 10:00 am-2:00 pm

PARK DISTRICTS

Park Forest Recreation and Parks Department

350 Victory Drive (first floor) Park Forest IL
www.villageofparkforest.com

Phone: (708) 748-2005

Chicago Heights Park District

1400 Chicago Road Chicago Heights, IL
www.chparkdistrict.net

Phone: (708) 755-1351

DISTRICT163 STUDENT SERVICES STAFF

Wendy Alcumbrac- Social Worker – 708-668-9335
Lauren Kowalik – School Counselor – 708-668-9428
Samantha Loughlin – Social Worker – 708-668-9633
Symone Luckett- School Psychologist – 708-668-9513
Richard Melton – Social Worker – 708-668-9124
Brenda Porter – District Nurse – 708-668-9204
Heather Sloane – Social Worker – 708-668-9684
Lenora Taylor- Social Worker – 708-668-9338

HEALTH SERVICES AND ORGANIZATIONS

Advocate Medical Group

4001 Vollmer Road
Olympia Fields, IL 60461 <http://amgdoctors.com/locations/find-a-location-profile/?id=69>

Phone: (708) 481-8883

Aunt Martha's Chicago Heights Community Health Center

1536 Vincennes Ave. Chicago Heights, IL
<http://www.auntmarthas.org/> *Accept
Medicaid/Public Assistance*

Phone: (877) 692-8686

Aunt Martha's-Pediatric Health and Wellness Center

500 Dixie Highway Chicago Heights, IL

Phone: (877) 692-8686

Access Family Health

152 W. Lincoln Highway Chicago Heights, IL
Accepts most Medicaid Plans

Phone: (708) 754-9687

Child Life Center

19550 Governors Highway, Suite 2500
Flossmoor, IL 60422

Phone: (708) 799-7600

<http://www.uchospitals.edu/visitor/offsite/south/flossmoor.html>

Cottage Grove Health Center

1645 Cottage Grove Ave Ford Heights, IL, 60411

Phone: (708) 753-5800

Medical for children and family Contact clinic for insurance accepted

Franciscan Health Systems

<http://www.chifranciscan.org/findadoctor/>

Doctor Referrals: (888) 825-3227

Neighborhood Pediatrics

20200 Governors Drive #101

Phone: (708) 679-0408

Olympia Fields, IL 60461

<http://www.neighborhoodpediatrics.net/contact.html>

Do not accept Medicaid/Public Assistance

Riverside Community Health Center Immediate Care

25711 S. Egyptian Trail

Phone: (708) 534-7523

Monee, IL 60449

<http://www.riversidehealthcare.org/location/immediate-care-monee>

Accept Medicaid/Public Assistance

Robert Crown Center for Health Education

21 Salt Creek Lane

Phone: (630) 325-1900

Hinsdale, IL 60521

<http://www.robertcrown.org/>

Health education and sex education programs for children, adolescents, and parents

WIC Office Locator

<http://www.dhs.state.il.us/page.aspx?item=30513>

DHS Help Line: (800) 843-6154

Will County Community Health Center

501 Ella Avenue

Phone: (815) 727-8480

Joliet, IL 60433

<http://www.dhs.state.il.us/page.aspx?module=12&officetype=&county=Will>

Accept Medicaid/Public Assistance

DRUG/ALCOHOL TREATMENT CENTERS

Alexian Brothers Behavioral Health Hospital

1650 Moon Lake Boulevard

Phone: (800) 432-5005

Hoffman Estates, IL 60194

Phone: (855) 383-2224

<http://www.alexianbrothershealth.org/>

Chemical Dependency Treatment Services, Inpatient Chemical Dependency Unit, Intensive Outpatient Programs (after-school for adolescents), Outpatient Chemical Abuse Program for adolescents, Family Options Program – brief, four- session educational program for families and teens, School Refusal Programs, Free screenings

Aunt Martha's Adult & Adolescent Substance Abuse Treatment Program Sites

1777 East Court Street
Kankakee, IL 60901
<http://www.auntmarthas.org/>

Phone: (815) 928-6222

Chicago Lakeshore Hospital

4840 North Marine Dr.
Chicago, IL 60640
www.chicagolakeshorehospital.com

Phone: (773) 878-9700

Phone: (800) 888-0560

Inpatient and outpatient programs for children & adolescents, groups addressing substance abuse issues. Accept all managed care/private insurance, Medicare, Medicaid/SASS for child & adolescents.

Christ Hospital and Medical Center

4440 W 95th Street
Oak Lawn, IL 60453

Phone: (708) 684-8000

<http://www.advocatehealth.com/cmc/> *Outpatient substance abuse services for adults.*

Cornell/Woodridge Interventions

2221 W. 64th St
Woodridge, IL 60517

Phone: (630) 968-6477

Substance abuse inpatient treatment; mental health services for adolescents and young male adults; Free assessments, sliding-fee scales, Medicaid clients. Email: info@abraxasyfs.com

Hartgrove Hospital

5730 West Roosevelt Road
Chicago, IL 60644
<http://www.hartgrovehospital.com/>

Phone: (800) 478-4783

Phone: (773) 413-1700

Inpatient Psychiatric services; Substance Abuse Subgroup; Adolescent Services Include: Prevention Education, Assessment, Outpatient Programs, Partial Hospitalization, Inpatient Services, Continuing education, Alumni Club; All assessments are free, Accept Medicaid

Linden Oaks Hospital at Edward

852 West Street
Naperville, IL 60540
www.edward.org

Phone: (630) 305-5027

Chemical Dependency Program, Free assessments, Partial hospital and intensive outpatient programs, Detour Program for adolescents, After-school outpatient programs

Michiana Behavioral Health Center

1800 North Oak Drive
Plymouth, IN 46563
<http://www.michianabehavioralhealthcenter.com/>

Phone: (800) 795-6252

Phone: (574) 936-3784

Free assessment and referral, Chemical dependency services for children & adolescents; they also accept Illinois Medicaid

Northwest Community Hospital – The Youth Center

800 W. Central Road

Phone: (847) 618-2700

Arlington Heights, IL 60005

<http://www.nch.org/medical-services/youth-center/index.php>

Substance abuse services include Residential Treatment Programs, Partial Hospitalization Day Programs, Intensive Outpatient Programs for adolescents 12-18 yr.

Presence/Amita Behavioral Health Addiction Services

11824 Southwest Highway, Suite 230

Phone: (847) 493-3628

Palos Heights, IL 60463

david.sutor@AMITAhealth.org (counselor)

Free assessments for teens ages 13-18, Intensive Outpatient Program & Lower Intensive Educational Program, 12-step based programs

Regional Mental Health Center

8555 Taft Street

New Patient Appointment: (219) 392-6001

Merrillville, IN 46410

Emergency Hotline: (219) 769-4005

<http://www.regionalmentalhealth.org/index.php>

Inpatient and intensive outpatient substance abuse services for adults

Riverside Resolve Center

Alcohol and Chemical Dependence Program

411 W. Division Street

Phone: (815) 468-3241

Manteno, IL 60950

<http://www.riversidehealthcare.org/>

Adolescence services of inpatient and outpatient programs, family treatment, and adult outpatient

Rosecrance Substance Abuse Treatment Centers

2835 N Sheffield Ave., Suite 209 Chicago, IL 60657

Phone: (815) 387-5615

20635 Abbey Woods Ct. N. Suite 310 Frankfort, IL 60423

Phone: (815) 387-5615

<http://www.rosecrance.org/facilities/chicago/>

Adolescent and adult substance abuse support; All assessments are free, Accept Medicaid

Saint Margaret Mercy Healthcare Centers

24 Joliet Street (US Route 30)

Phone: (219) 865-2141

Dyer, IN 46311

<http://www.franciscanalliance.org/hospitals/dyer/services/outpatient/pages/default.aspx>

South Suburban Council on Alcoholism and Substance Abuse

1909 Checker Square

Phone: (708) 647-3333

East Hazel Crest, IL 60429

<http://sscouncil.org/>

Early Intervention Group, Outpatient counseling, Alternative to Suspension Program

Stepping Stones

1621 Theodore Street
Joliet, IL 60435

Phone: (815) 744-4555

<http://www.steppingstonetreatment.com/>

Offers licensed and accredited outpatient and residential alcohol/drug treatment services

Streamwood Behavioral Health Systems

1400 E. Irving Park Rd.
Streamwood, IL 60107

Phone: (630) 837-9000

<http://streamwoodhospital.com/>

Free assessment/referrals

Substance Abuse and Mental Health Services Administration

Facility Locator Service

www.findtreatment.samhsa.gov

Substance Abuse Treatment Centers

Referral Service

Phone: (866) 845-8975

Will County Behavioral Health Department – Main Office

501 Ella Avenue
Joliet, IL 60433

Phone: (815) 727-8480

<http://www.willcountyhealth.org/>

Addictions Division, Outpatient addictions counseling, Youth services

COUNSELING AGENCIES

Advocate Family Care Network

391 Quadrangle Drive, Suite N4 Bolingbrook, IL
4700 W. 95th Street, Suite Lower Level 5 Oak Lawn, IL 60453

Intake/Phone: (800) 216-1110

www.advocatehealth.com/familycarenetwork

Counseling for children & teens who have experienced sexual abuse; Multidisciplinary Specialty Assessment Services, Childhood Trauma Treatment Program; Psychotherapy & Counseling Services

Associates in Clinical Psychology and Substance Abuse

18132 Martin Homewood, IL 60430
1150 W. Jefferson Joliet, IL 60435

Phone: (708) 957-3695

Phone: (815) 741-8600

Aunt Martha’s Services

Chicago Heights Community Health Center
1536 Vincennes Ave.

Phone: (708) 747-7100

Chicago Heights, IL 60411

Phone: (877) 692-8686

www.auntmarthas.org

Comprehensive mental health services for children, youth, and families

Bremen Youth Services

15350 S. Oak Park Avenue

Oak Forest, IL 60452

www.bremenyouthservices.org

Family counseling; youth services and activities

Phone: (708) 687-9200

Catholic Charities

11255 S. Michigan Ave.

Chicago, IL 60628

www.catholiccharities.net

Provides counseling services for children, youth and families.

Phone: (312) 655-7191

Catholic Charities

6919 Indianapolis Blvd.

Hammond, IN 46324

www.catholic-charities.org

Individual and family counseling services

Phone: (219) 844-4883

Center Service, Inc. (Psychologist)

3624 216th Street

Matteson, IL 60443

Individual, family, and couples counseling services

Phone: (708) 481-4080

Chicago Christian Counseling Center

16107 LaSalle St.

South Holland, IL 60473

www.chicagochristiancounseling.org

Couples and family counseling

Phone: (708) 596-9555

CLS Comprehensive Services, LLC

19624 Governors Hwy, Suite 5

Flossmoor, IL 60422

www.clsservices.org

Phone: (708) 481-4257

Family Christian Health Center

31 W. 155th Street Harvey, IL 60426

www.familychc.com

Behavioral health, counseling services

Phone: (708) 596-5177

Governors State University Department of Psychology & Counseling

1 University Parkway

University Park, IL 60466

Free individual, marital and family counseling by supervised practicum counselor

Phone: (708) 534-4545

Grand Prairie Services

16278 Prince Drive
South Holland, IL 60473
www.gpsbh.org

Phone: (866) 477-8632
Phone: (708) 754-8815

Emotional and behavioral health services for individuals, families, and communities

Kingdom Living Outreach Services, Inc.

20303 S. Crawford Ave.
1st Floor Suite 100 Olympia
Fields, IL 60461

Phone: (708) 747-9399

Substance abuse treatment, outpatient services, treatment for adolescents, treatment for co-occurring mental health and substance use disorders, accepts Medicare and state financed insurance, etc.

Metropolitan Family Services Southwest Center

10537 South Roberts Road
Palos Hills, Illinois 60465
www.metrofamily.org

Phone: (708) 974-2300

Family and individual counseling

Personal Solutions Counseling

20855 South La Grange Rd.
Suite 202
Frankfort, IL 60423

Phone: (815) 806-9300

www.personalsolutionscounseling.com/psc/psc/contact_us.asp

Family, couples, and individual counseling

Perspectives Counseling

19740 Governors Hwy.
Flossmoor, IL 60422

Phone: (708) 957-5933

www.perspectives-counseling.com/flossmoor-counseling.html

Individual counseling, groups, and psychotherapy; Standard fee \$120 a session

Professional Counseling Services, LTD.

17732 Oak Park Avenue
Tinley Park, IL 60477
www.procounselingservices.com

Phone: (708) 342-1773

Individual and family counseling; Sliding Fee Scale available after initial visit

Sadie Waterford Manor

174 E. 154th St., Suite 200
Harvey, IL 60426
www.sadiewaterford.com

Phone: (708) 339-0040

Assessment and Therapy Center

SouthSide Christian Counseling Center

16547 S. Oak Park Avenue
Tinley Park, IL 60477

Phone: (708) 633-9003

www.southsidechristiancounselingcenter.com

*Individual, family, and marital counseling; counseling for drug and alcohol addictions, eating disorders. Sliding Fee Scales available, **won't turn anyone away***

St. Margaret Mercy – Outpatient Behavioral Health

24 Joliet Street 3rd Floor
Dyer, IN 46311

Phone: (708) 895-1650

www.franciscanalliance.org/hospitals/dyer/pages/default.aspx

Behavioral health services for children, adolescents, and adults

Streamwood Behavioral Health System

1400 E. Irving Park Rd.
Streamwood, IL 60107

Phone: (630) 837-9000

www.streamwoodhospital.com

Youth support groups, free assessments and referral; accepts medicaid and several private insurances

Thornton Township

14323 S. Halsted
Riverdale, IL 60827

Phone: (708) 596-6040

www.thorntontownship.com

Individual and family counseling

Will County Behavioral Health Dept. – Eastern Branch Office

44 Town Center
University Park, IL 60466

Phone: (815) 727-8803

www.willcountyhealth.org

Individual and family counseling

YWCA- (RISE child trauma)

320 W 202nd St.
Chicago Heights, IL 60411

Phone: (708) 754-0486

Hotline: (888) 293-2080

www.ywcachicago.org

Counseling for women and children survivors of sexual assault and their families

CHILD PSYCHIATRISTS, THERAPISTS, and COUNSELORS

Psychiatrists

Aunt Martha's Behavioral Health Services - Child Psychiatry

Chicago Heights Community Health Center
1536 Vincennes Ave.
Chicago Heights, IL 60411
www.auntmarthas.org/health-care

Phone: (708) 756-1135

Dr. Clara Perez, MD

3235 Vollmer Rd., Suite 137
Flossmoor, IL 60422

Phone: (708) 206-1300

Dr. Pradeep Thapar, MD

1835 Dixie Highway, Suite 100
Flossmoor, IL 60422

Phone: (708) 799-8384

Accepts Medicaid Harmony Program; First Initial Visit \$165; Following visits \$65 cash

SASS CARES –Crisis Mental Health Services/Screening, Assessment, Support Services

www2.illinois.gov/hfs/MedicalProvider/sass/Pages/default.aspx

Phone: (800) 345-9049 *Crisis*

care for children and youth in Illinois; Any child or youth in a mental health crisis who receives public funding may receive SASS services. You should call CARES when a child is at-risk to himself or others, and any other time you or others think a child is having a mental health crisis. They will link you to a SASS worker who will come talk with you and your child. They will make a plan for you and work with your family for 90 days. They will link with hospitals, mental health and support services as needed. They conduct at-risk assessments in the home.

Therapists and Counselors

Stephanie Behlke, MA, LCPC, NCC

62 W. Washington St.
Joliet, IL 60432

Phone: (815) 450-9925

Karen Bloomberg, Ph.D.

1038 Sterling Road, Suite 203A
Flossmoor, IL 60422

Phone: (708) 799-2040

Buckley-Long Associates, Ltd.

18019 Dixie Highway, #1C
Homewood, IL

Phone: (708) 799-2929

Sharon Burge, RN, MA, LCPC, RDDP

33 E Colorado Ave.
Frankfort, IL 60423

Phone: (815) 469-6480

www.frankfortcounselingassociates.com

Erik Christensen, MSW, LCSW

19015 S Jodi Rd.
Mokena, IL 60448

Phone: (773) 758-3364

Dawn Downing

23 W Main St, Suite 2E
Glenwood, IL 60425

Phone: (708) 758-6800

Maggie Dunne, MSW, LCSW

1525 East 53rd, Suite 435
Chicago, IL 60615

Phone: (708) 274-7122

Henry K Errek, PhD. Clinical Psychologist

9641 W 153rd Street, Suite 45
Orland Park, IL 60462

Phone: (708) 403-5223

David Gottlieb, Ph.D.

2024 Hickory Rd.
Homewood, IL

Phone: (708) 799-8796

Melissa Huff, LCSW

17900 Dixie Hwy, Suite 11
Homewood, IL 60430

Phone: (708) 546-9204

Child, adolescent, and family therapist

Sherry Larson

19740 Governors Hwy #117
Flossmoor, IL 60422

Phone: (866) 296-5262

Erika Luhn, P.C.

20635 Abbey Wood Court, Suite 207
Frankfort, IL 60423

Phone: (815) 464-8176

Marcia McCabe, MA, LCSW

2024 Hickory Rd., Suite 104
Homewood, IL 60430

Phone: (708) 799-4649

John McDonnell, LCSW

3624 W. 216th St.
Matteson, IL 60443

Phone: (708) 481-4080

Marie McKenna, LCSW

1038 Sterling Ave, Suite 203A
Flossmoor, IL 60422

Phone: (708) 446-7276

Susan Merl-Nachinson, M.S. L.C.P.C.

10217 Lincoln Hwy
Frankfort, IL 60423

Phone: (708) 620-2593

Nancy Milnes, LCSW

2024 Hickory Rd. #101
Homewood, IL 60430

Phone: (708) 798-1886

Matt A. Mooradian, Psy.D.

10217 Lincoln Hwy.
Frankfort, IL 60430

Phone: (815) 258-1925

Leila Mowers, LCSW

3624 W 216th St.
Matteson, IL 60443

Phone: (708) 275-4200

Nikki L Nelson, LCSW

Perspectives Counseling and Psychotherapy
19740 Governors Highway, Suite 117
Flossmoor, IL 60422

Phone: (866) 296-5262

Marsha Valiente, MA, NCC, LCPC, ICDVP

10217 Lincoln Highway
Brookside Commons
Frankfort, IL 60423

Phone: (815) 685-1225

Kathy Wright, MA, LCPC

1034 Sterling Ave, Suite 6
Flossmoor, IL 60422

Phone: (708) 306-3186

Linda J. Wright, PsyD. Clinical Psychologist

18161 Morris Ave., Suite 104
Homewood, IL 60430

Phone: (708) 798-6032

All therapists can be located on psychologytoday.com where you can find more information

HOSPITAL/INPATIENT PSYCHIATRIC SERVICES

Advocate Christ Medical Center/Hope Children's Hospital

4440 W. 95th St.

Oak Lawn, IL 60453

www.advocatehealth.com/cmc

Inpatient adult and adolescent psychiatric unit

Phone: (708) 684-8000

Chicago Lakeshore Hospital

4840 N. Marine Dr.

Chicago, IL 60640

www.chicagolakeshorehospital.com

Full psychiatric facility with free assessments and referrals

Special Program for LGBT Youth

Phone: (800) 888-0560

Phone: (773) 878-9700

Child & Adolescent Psychiatry at Rush

Rush Medical Center - West Campus

2150 W. Harrison Street

Chicago, IL 60612

www.rush.edu/rumc/page-1099918811202.html

Evaluations/treatment to help children/young adults address/overcome emotional/behavioral issues

Phone: (312) 942-2400

Hartgrove Hospital

5730 W. Roosevelt Rd.

Chicago, IL 60644

www.hartgrovehospital.com

Psychiatric inpatient and outpatient programs for children and adolescents; inpatient psychiatric program for adults

Phone: (773) 413-1700

Ingalls Memorial Hospital

One Ingalls Drive

Harvey, IL 60426

<http://www.ingalls.org>

Inpatient and outpatient psychiatric services for adolescents, adult, and geriatric

Phone: (708) 333-2300

Linden Oaks Child & Adolescent Center

801 S. Washington

Naperville, IL 60540

Specialized psychiatric care for children/adolescent ages 6-18 and adults-inpatient and partial day program and intensive outpatient program

Phone: (630) 527-3000

Palos Community Hospital

12251 S. 80th Ave.

Palos Heights, IL 60463

<http://www.paloscommunityhospital.org>

Inpatient and outpatient psychiatric services for adolescents and adults

Phone: (708) 923-4000

Regional Mental Health Center

8555 Taft St.

Merrillville, IN 46410

<http://www.regionalmentalhealth.org>

Inpatient and Outpatient psychiatric services for adults

Phone: (219) 769-4005

Riveredge Hospital

8311 W. Roosevelt Rd.

771-7000

Forest Park, IL 60130

<http://www.riveredgehospital.com/contact-us.php>

Inpatient and outpatient psychiatric treatment for adolescent; adult inpatient services

Phone: (708)

Assessment & Referral: (708) 209-4181

Riverside Hospital

350 N. Wall St.

Kankakee, IL

<http://www.riversidehealthcare.org>

Inpatient and outpatient psychiatric treatment for adolescents and children

Phone: (815) 935-7523

St. Margaret Mercy Hospital

24 Joliet St.

Dyer, IN 46311

<http://www.franciscanalliance.org/hospitals/dyer/services/behavioral-health/pages/default.aspx>

Inpatient and partial hospitalization for adolescents

Phone: (219) 865-2141

RESIDENTIAL FACILITY INFORMATION

Academic Mastery Academy

14418 S. McKinley Ave.
Posen, IL 60469

Phone: (708) 897-9332

www.academicmasteryacademy.com

Provides a structured, therapeutic day school for students with life-long problem solving skills with or without IEP's.

Allendale Association

600 W. Grand Ave.
Lake Villa, IL 60046

Phone: (847) 356-2351

www.allendale4kids.org

Private, not-for-profit organization dedicated to excellence and innovation in the care, education, treatment and advocacy for troubled children, youth and families.

Glenwood Academy

500 W. 187th St.
Glenwood, IL 60425

Phone: (708) 754-0175

<http://www.glenwoodacademy.org>

Community supported non-profit organization that provides socially and economically disadvantaged children with a comprehensive residential, education and life-skills program in a safe, structured and nurturing environment.

Indian Oaks Academy

101 N. Bramble St.
Manteno, IL 60950

Phone: (815) 802-3700

www.nexustreatment.org

This location is a community-based residential treatment center for youth ranging in ages from 12 to 21. The academy has several programs that specialize in the treatment of youth with specific needs.

Individual Care Grant

Help Line: (800) 843-6154

Illinois Department of Human Services

<http://www.dhs.state.il.us/page.aspx?item=33654>

Individual Care Grants (ICG) provide funding to the parents or guardians of children who have severe mental illness and require treatment in a 24-hour residential setting or very intensive community services that allow them to live at home in their normal environment.

START HERE Lawrence Hall Youth Services

4833 N Francisco Ave.
Chicago, IL 60625

Phone: (773) 769-3500

www.lawrencehall.org

For children & youth with emotional, behavioral and academic problems; residential treatment, therapeutic day school, foster care and transitional and supervised independent living programs

Lincoln's Challenge Academy

205 W. Dodge Avenue

Rantoul, IL 61866

<http://www.ngycp.org/site/state/il/>

<http://www.lincolnschallenge.org/node/5>

Phone: (800) 851-2166

The Lincoln's Challenge Academy is run by active members of the Illinois National Guard and retired military personnel. All instructors are certified teachers, and program counselors are qualified and experienced professionals.

Lydia Home Association

Chicago Main Office

4300 West Irving Park Road

Chicago, IL 60641

www.lydiahome.org

Phone: (773) 653-2200

Provides a structured, therapeutic environment for 40 children and adolescents who are unable to live in a home setting due to the severity of their problems.

Mercy Home for Boys & Girls

1140 W. Jackson Blvd.

Chicago, IL 60607

www.mercyhome.org

Phone: (312) 738-7560

Long-term residential home for troubled and hurting young men and women, ages 11 to 21. Their fourteen different homes offer each child the structure or independence to work through their problems and to achieve success.

Onarga Academy

110 North Locust Street

Onarga, IL 60955

www.nexustreatment.org

Phone: (815) 268-4001

Residential treatment center for young men ranging in age from 12 to 19 specializing in the treatment of sexually reactive children and adolescents who have engaged in harmful sexual behaviors

PREGNANCY/BIRTH CONTROL/CLINICS

Crisis Pregnancy Center/Living Alternatives

2 Uno Circle

Joliet, IL 60435

<http://hopeforafuture.com/>

Hope Program – Child development education, free pregnancy testing, clothing/diaper/formula closet, post abortion counseling and emergency counseling; free Ultrasounds

Phone: (815) 744-7755

Family Planning/Counseling- Aunt Martha's Youth Service Center

Healthy Families Illinois Program Site

440 Forest Blvd.

Park Forest, IL 60466

<http://www.auntmarthas.org/>

Offers assistance with providing for parenthood, learning about your child's growth and development, learning discipline techniques, and coping with stress. Program also includes home visits from a case manager, doula services, & other group services

Phone: (708) 679-8000

Lamb's Fold Women's Center

81 N. Ottawa St.

Joliet, IL 60432

www.lambsfold.org

Provides transitional housing for women over 18 and their children, offering recovery classes to help women become self-sufficient

Phone: (815) 723-5262

PASS (Pregnancy Aid South Suburbs)

17214 Oak Park Ave. – Tinley Park

613 E. 162nd St. – South Holland

3116 Ridge Rd. – Lansing

<https://passnetworkforlife.org/>

Pregnancy testing and counseling; maternity & baby clothes and supplies

Phone: (708) 614-9777

After Hrs: (800) 712-4357

Planned Parenthood of Illinois & Indiana

7131 Indianapolis Blvd. Hammond, IN 46324

14470 S. LaGrange Rd. Suite 101 Orland Park, IL 60462

11250 S. Halsted Chicago, IL 60628

www.plannedparenthood.org

Testing for pregnancy, birth control, treatment of sexual diseases, counseling; Sliding fee scale

Phone: (219) 845-0848

Phone: (877) 200-7745

Phone: (877) 200-7745

South Suburban Pregnancy Counseling Center

418 Cass Street

Crete, IL 60417

Free pregnancy testing and counseling; Need to make an appointment

Phone: (708) 672-3978

Women's Health Center - Aunt Martha's Youth Service Center

233 W. Joe Orr Road, South Building
Chicago Heights, IL 60411

<http://www.auntmarthas.org/>

Phone: (877) 692-8686

Family planning, free pregnancy testing, sexual disease diagnosis, and preventative health services for children and adults

SPECIALISTS

Optometrists/Ophthalmologists

Dr. Amenta

18161 Morris Ave.
Homewood, IL 60430

[www. http://homewoodent.com/](http://www.homewoodent.com/)

Phone: (708) 799-5520

Arbor Eye Care Center

2640 W. 183rd Street, Suite 2
Homewood, IL

<http://www.arboreyecare.com/content/Homewood>

Phone: (708) 798-6633

Franciscan Physician Network

<http://www.franciscanalliance.org/fpn/pages/default.aspx>

Phone: (708) 756-0100

Dr. French

14315 S. 108th Ave
Orland Park, IL

<http://www.frenchandassociateseyecare.com/about-us.html>

Phone: (708) 403-0123

Dr. Greenspan

366 Dixie Hwy
Chicago Heights, IL 60411

<http://www.greenspaneyecenter.com/>

Phone: (708) 754-0080

LensCrafters Gift of Sight Program

Ask for the Coordinator of the Gift of Sight Program

Phone: (877) 753-6727

Kirschner Vision Group

2156 W. 183rd St.
Homewood, IL 60430

<https://kirschnervision.com/>

Phone: (708) 957-7700

Meyer Eye Care

13114 S. Western Ave.
Blue Island, IL 60406

<http://www.meyereyecare.com/>

Phone: (708) 388-1228

Only accept Medicaid/public assistance if patient is a referral

Midwest Eye Centers

1700 East-West Rd.

Calumet City, IL 60409

<http://www.midwesteyecentersc.com/>

Phone: (708) 891-3330

Eye Care Associates, LTD.

15437 Broadway Ave.

Harvey, IL 60426

<http://www.robeyecare.com/>

Phone: (708) 331-4441

Southland Eye

19950 S. Governors Highway

Olympia Fields, IL 60461

<http://www.southlandeye.com/>

Phone: (708) 481-4600

Vision USA

Automated System

Phone: (800) 766-4466

Application found on website: <http://www.aoafoundation.org/vision-usa/application/>**Dental****Pediatric Dental Specialty Associates**

19815 Governors Highway

Flossmoor, IL

<http://www.pdsa-ltd.com/>*Specialize in Working with Children with Special Needs*

Phone: (708) 799-5437

Sonrisa Family Dental

1415 Emerald Street

Chicago Heights, IL

<http://www.sonrisafamilydental.com/>*Accept Medicaid/Public Assistance for Children Only*

Phone: (708) 756-7682

PEDIATRIC ALLERGISTS**Associated Allergists and Asthma Specialists**

10733 W. 165th Street

Orland Park, IL 60467

<http://www.allergists-asthma.com/home>

Phone: (708) 460-4949

Dr. Pisit Rangsitienchai, MD

5601 Victoria Drive

Oak Forest, IL 60452

<http://doctors.advocatehealth.com/p/pisit-rangsitienchai-oak-forest-pediatric-allergy-immunology>

Phone: (708) 687-7550

Franciscan Physician Network

Phone: (708) 756-0100

PEDIATRIC NEUROLOGISTS

Advocate Christ Medical Center and Hope Children's Hospital

4440 W. 95th Street

Oak Lawn, IL 60453

<http://www.advocatehealth.com/cmhc/>

Phone: (708) 684-8000

(Ann & Robert H. Lurie) Children's Hospital of Chicago

225 E Chicago Ave.

Chicago, IL 60611

<https://www.luriechildrens.org/en-us/Pages/index.aspx>

Accept Public Assistance

Phone: (312) 227-4000

Rush Presbyterian

Rush Professional Office Building

1725 W. Harrison St., Suite 718

Chicago, IL 60612

Phone: (312) 942-3720

Ingalls Family Care

6701 W. 159th Street, Suite 110

Tinley Park, IL 60477

<http://www.ingalls.org/locations-tinleypark.aspx>

Phone: (708) 429-3300

The University of Chicago

Section of Developmental and Behavioral Pediatrics

5841 S. Maryland Avenue

Chicago, IL 60637

<http://www.uchicagokidshospital.org/specialties/development/>

Phone: (773) 702-3095

EVALUATIONS FOR ADD/ADHD

Anthony Delach, MD

16622 S. 107th Ct

Orland Park, IL 60467

<http://doctors.advocatehealth.com/p/anthony-c-delach-orland-park-pediatrics>

Phone: (708) 403-2900

Midwest Physicians Center

<http://mymidwestphysician.com/>

Find a Doctor or Get Health Advice: (800) 386-9355

RESOURCES FOR GAY, LESBIAN, BISEXUAL, TRANS-GENDERED YOUTH

Aunt Martha's GLAD Program

19900 Governors Dr., Suite 300
Olympia Fields, IL 60461
www.auntmarthas.org

Phone: (877) 692-8686

Chicago Lakeshore Hospital – VALEO Program

4840 North Marine Drive
Chicago, IL 60640
<http://www.chicagolakeshorehospital.com/>

Phone: (800) 888-0560

Phone: (773) 878-9700

Comprehensive psychiatric and substance abuse services for the gay, lesbian, bisexual, & transgender

GLSEN Chicago

961 W. Montana
Chicago, IL 60614
www.glsenchicago.org

Phone: (312) 409-1835

Resources and articles for LGBT adolescents

Horizons Youth Program – Center on Halsted

3656 N. Halsted Street
Chicago, IL 60613
<http://www.centeronhalsted.org>

Phone: (773) 472-6469

Howard Brown Health Center

4025 North Sheridan Rd
Chicago, IL 60613
<http://www.howardbrown.org>

Phone: (773) 388-1600

Illinois Gender Advocates (IGA)

http://chicagolgbtsservices.org/place_tags/illinois-gender-advocates/
Provides public advocacy for transgendered people

Phone: (630) 219-0526

The Point Foundation

5055 Wilshire Blvd., Suite 501
Los Angeles, CA 90036
<http://www.pointfoundation.org/page.aspx?pid=927>

Phone: (866) 337-6468

This link takes you to the national LGBTQ scholarship fund; they have mailing addresses in LA and New York, but also have events in Chicago.

Smart Student Guide to Financial Aid

<http://www.finaid.org/otheraid/gay.phtml>
Scholarship information available

SHELTER/HOUSING ASSISTANCE

Catholic Charities-Alternative Housing Program/Daybreak Center

203 N. Ottawa Street
Joliet, IL 60432

Phone: (815) 774-4663

<http://catholiccharitiesjoliet.org/>

Open 365 days a year and provides emergency housing and supportive services to individuals and families who are homeless

Constance Morris House

Residential shelter for victims of domestic violence; accepts women and children; services for abuser, support groups, 24-hour crisis line

Phone: (708) 485-5254

Crisis Center for South Suburbia

P.O. Box 39
Tinley Park, IL 60477

Phone: (708) 429-7255

Crisis: (708)-429-7233

www.crisisctr.org

Crisis Intervention for women and children victims of domestic violence; short-term shelter and counseling programs; Hotline Number with crisis counselors

Guardian Angel Community Services

168 N. Ottawa Street
Joliet, IL 60432

Phone: (815) 729-0930

<http://www.gacsprograms.org/>

Groundwork - Emergency Shelter for abused women and their children, advocacy assistance for court cases, individual counseling, group counseling

The Illinois Masonic Children's Home

441 Ninth Ave.
LaGrange, IL 60525

Phone: (708) 352-4240

<http://imchkids.org/>

Long-term residential care facility for dependent/neglected children 4-16yrs and do not suffer from any behavioral, psychiatric, or substance abuse problems.

Morningstar Mission Ministries, Inc.

350 East Washington Street
Joliet, IL 60433

Phone: (815) 722-5780

<http://www.morningstarmission.org/>

*Transitional living programs for men, Emergency shelters, vouchers for food, clothing, & furniture
Hope House, 180 Day Club – workforce development, counseling services for men*

National Center for Homeless Education

Parent Help Line

Phone: (800) 308-2145

<http://www.serve.org/nche/>

Provides assistance with the education of homeless children/families

Prairie State Legal Services Program

5 West Jefferson Street, Lower Level
Joliet, IL 60432

Phone: (815) 727-5123

<http://www.pslegal.org>

Provides civil legal assistance to low income and senior citizen residents of Will County in matters including domestic violence, housing, public benefits, and consumer and family law.

Respond Now

1439 Emerald Avenue
Chicago Heights, IL 60412

Phone: (708) 755-4357

<http://www.respondnow.org/>

Emergency food & clothing for children and families

Shepherd's House

PO Box 1902
Woodstock, IL 60098

Phone: (888) 411-9240

<http://shepherdshouse.net/>

They provide for the spiritual, emotional and physical needs of the homeless.

South Suburban Family Shelter

PO Box 937
Homewood, IL 60430

Phone: (708) 794-2140

Emergency: (708) 335-3028

<http://www.ssfs1.org/>

Domestic Violence Intervention Project, Start Early Start Right Program

South Suburban Housing Center

18220 Harwood Avenue, Suite 1
Homewood, IL 60430

Phone: (708) 957-4674

<http://southsuburbanhousingcenter.org/>

Apartment and house rental referrals; fair housing compliance and complaints; 1st time home buyers workshops; intakes available for referral to Section 8 housing

South Suburban PADS

414 W. Lincoln Highway
Chicago Heights, IL 60411

Phone: (708) 754-4357

<http://sspads.org/>

Emergency shelter and support services provided by an inter-faith program

Will County Center for Community Concerns, Inc.

2455 Glenwood Avenue
Joliet, IL 60435

Phone: (815) 722-0722

<http://www.wcccc.net/>

Low Income Home Energy Assistance Program; Emergency Services

Will County Habitat for Humanity

200 S. Larkin

Joliet, IL 60436

<http://www.habitatwill.org/>

Phone: (815)726-1880

Will County ROE Homeless Education Office

<http://www.willroe.org/>

Phone: (815) 740-8360

****Please note that there is a national moratorium on evictions until December 31, 2020. Please see the attached flyers for more information about the moratorium and whether or not you qualify for this protection****

- Communicate with your landlord or mortgage company, many are providing extensions during this time.
- If you live in suburban Cook County and are at risk of becoming homeless, call the Prevention Call Center at 877-4-COOK-15
- US Dept. of Housing and Urban Development (HUD) approved Housing Counselors (800)569-4287 <https://www.consumerfinance.gov/find-a-housing-counselor/>

FINANCIAL AND FOOD ASSISTANCE

ALLKIDS

<http://www.allkids.com/>

Phone: (866) 255-5437

American Red Cross

2200 W. Harrison Street
Chicago, IL 60612

Phone: (312) 729-6100

<http://www.chicagoredcross.org>

They provide emergency assistance within 24-48 hours of the initial disaster. Emergency assistance for single/multi-family fires, tornadoes, floods, etc.

Catholic Charities

203 North Ottawa St.
Joliet, IL 60434

Phone: (815) 723-3405

Emergency Services/Homeless Prevention

CEDA Services

567 W. Lake Street, Suite 1200
Chicago, IL 60661

Phone: (800) 571-2332

Energy Assistance, Home Weatherization, Housing

Community Services Block Grant

<https://www.acf.hhs.gov/ocs/programs/csbg/about>

Utilities assistance programs

Comcast

www.internetessentials.com

Phone: (855) 846-8376

Discounted rates for internet for families receiving free/reduced lunch prices

Crete-Township Civic Service

1367 Wood St.
Crete, IL 60417

Phone: (708) 672-8279

<http://www.cretetownship.com/>

Emergency food provided by local organizations for Crete township residents

Illinois Department of Healthcare and Family Services

<http://www2.illinois.gov/hfs/Pages/default.aspx>

Low-Income Home Energy Assistance Program (LIHEAP)

www.acf.hhs.gov/programs/ocs/liheap

helps low income households, primarily in meeting their immediate home energy needs

Monee Township Office

26121 S. Egyptian Trail
Monee, IL 60449

Phone: (708) 534-6020

Emergency food/financial assistance provided for Monee Township and University Park.

Peter Claver Center

172 S. Chicago Street
Joliet, IL 60434-0417

Phone: (815) 722-6361

<http://www.peterclavercenter.org/>

Provides educational, humanitarian, job training/placement, and recreational services

Rich Township Food Pantry

22013 Governors Hwy
Richton Park, IL 60471
www.richtownship.org

Phone: (708) 748-6722

The Salvation Army – Joliet & Will County, Illinois

300 Third Avenue
Joliet, IL 60434

Phone: (815) 726-4834

<http://www.usc.salvationarmy.org/>

Provides food, disaster relief services, financial assistance, counseling, and related support service

Sharing Connections Furniture Bank

5111 Chase Ave.
Downers Grove, IL 60515

Phone: (630) 971-0565

<http://www.sharingconnections.org/>

Home furnishings for families in need of furniture & clothing

Spanish Community Center

309 N Eastern Avenue
Joliet, IL 60432

Phone: (815) 727-3683

<http://www.spanishcenter.org>

They provide bilingual social services, food pantry, immigration assistance, licensed day care, etc.

Together We Cope

17010 S. Oak Park Avenue
Tinley Park, IL 60477

Phone: (708) 633-5040

GREATER CHICAGO FOODBANKS

<https://www.chicagosfoodbank.org/find-food/>

- Search for food pantries in surrounding areas by zipcode

Food bank, open Mon., Wed., Fri. Call: 708-755-4357 *curbside pickup available upon request

- 1439 Emerald Ave. Chicago Heights
- 21701 Torrence Ave. Sauk Village

St. Christopher Catholic Church/St. Vincent de Paul

- 14611 S. Keeler Ave Midlothian
- Contact: Sr. Laurinda (708) 371-4621
- Hours: Monday and Thursday: 10:00 am - 12:00 pm
- Service Area: Crestwood, Midlothian, and Posen

Together We Cope

- 17010 Oak Park Ave. Tinley Park

- Contact: Tony Roman (708) 633-5040
- Hours: Monday, Wednesday and Friday 9:00 am - 12:00 pm
- Service Area: Townships: Bremen, Orland, Palos and Worth or S: 183rd - N: 87th - E: Western Ave. - W: Will Cook Road

Tinley Park Pantry

- 6875 173rd Place Tinley Park, IL 60477
- Contact: Chuck O'Kresik
- (708) 614-7739
- Hours: Wednesday 8:00 am - 1:30 pm
- Service Area: Tinley Park and Orland Hills

Redeemers Little Free Pantry

- 4955 W. 158th Street Oak Forest, IL 60452
- Contact: Marilyn Fischer (marilynsheer@aol.com)
- Hours: This is a small free standing pantry located on the grounds of the Lutheran Church that can be accessed at any time.

VKMI Hattie B. Williams Food Pantry

- 5217 149th Street Oak Forest, IL 60452
- Contact: Annie R. Hill (708) 331-3511
- Hours: Every Friday 9:15 am - 12:15 pm
- Service Area: South Suburbs

Cornerstone Christian Food Pantry

- 4101 Flossmoor Road Country Club Hills, IL 60478
- Hours: 10:00 am - 12:00 pm
- Dates: 4/29/20, 5/29/20, and 6/29/20
- Service Area: Cook County

Grace M. B.C Pantry

- 16650 Crawford Ave Markham, IL 60428
- Contact: Clara Johnson (708) 339-2060
- Hours: Saturday 10:00 am - 12:00 pm
- Service Area: Markham, Robbins, Hazel Crest, Country Club Hills, Midlothian and Oak Forest.

Hazel Crest Community Church

- 17050 California Ave Hazel Crest, IL 60429
- Contact: Karen F. Persons (708) 335-4500
- Hours: Wednesday: 10:00 am - 12:00 pm
- Service Area: Markham, Country Club Hills, Homewood, Flossmoor, Hazel Crest, Harvey and Robbins

Palos United Methodists Church

- 12101 S. Harlem Ave. Palos Heights, IL 60463
- Contact: Susan Greer (708) 878-9995
- Hours: Tuesday: 9:00 am - 11:00 am and 4:00 pm - 6:00 pm
- Service Area: N: 79th St.- S: 135th St. - E: Cicero - W: LaGrange Ave.

St. Paul Lutheran Church Food Pantry

- 6201 Vollmer Road Matteson, IL 60443
- Contact: Ruth Treichel (708) 720-0880
- Hours: Saturday: 10:00 am - 12:00 pm
- Service Area: Matteson, Olympia Fields, Park Forest, Country Club Hills and Richton Park

Lemont Open Pantries-Bethany Lutheran Church

- 500 Lemont Street Lemont, IL 60439
- (630)257-7953
- Hours: Tuesday - Thursday 8:30 am - 12:30 pm
-

Orland Township Food Pantry

- 14807 S. Ravinia Ave. Orland Park, IL 60462
- Contact: Robin Kassis (708) 403-422
- Hours: Monday - Friday 9:00 am - 4:00 pm

PARENT SUPPORT/JOB PLACEMENT SERVICES/CHILD CARE

Big Brothers Big Sisters of Will & Grundy Counties

417 W. Taylor St.
Joliet, IL 60435

Phone: (815) 723-2227

www.bbbswillgrundy.org

Community volunteers providing guidance & educational support one-to-one basis to at-risk children

Blue Cap Infant/Parent Center

2155 Broadway
Blue Island, IL 60406

Phone: (708) 389-6578

<http://www.blue-cap.org/>

Infant and parent services regarding developmental delays

Child Abuse National Hotline – DCFS

Hotline to report suspected child abuse/neglect in Illinois.

Phone: (800) 25-ABUSE

Child & Family Connections – Easter Seals

17300 Ozark Avenue
Tinley Park, IL 60477

Phone: (708) 429-8231

<http://www.easterseals.com/chicago/who-we-are/locations/>

Child & Family Connections – Early Intervention Impact

2300 Glenwood Avenue
Joliet, IL 60435

Phone: (815) 730-2617

<http://www.willroe.org/index.php/conec/children-family-connections/>

Federally mandated program – Early Intervention Services for Birth -3 Years of age

Child Care Resource and Referral

801 N. Larkin Avenue, Suite 202
Joliet, IL 60435

Phone: (815) 741-1163

<http://www.childcarehelp.com/>

Assists individuals in locating legal child care, trains individuals who want to do child care in the home as a profession, and assists low income families with payment for the cost of child care.

Department of Children & Family Services (DCFS)

Phone: (800) 25-ABUSE

Family Care Network – Advocate Health Care

391 Quadrangle Drive, Suite N4
Bolingbrook, IL 60440

Phone: (800) 216-1110

Specialized services, counseling, parent education programs

Family Development Center – Governor’s State University

1 University Parkway
University Park, IL 60484

Phone: (708) 235-7300

At Risk Center - Half-day & Full-day Pre K, before and after school care for children up to 12 years old, birth to three programs with home visits, parent participation programs

Genesis Therapy Services

6006 West 159th Street, Bldg. C.
Oak Forest, IL 60452

Phone: (708) 535-7320

<http://www.genesistherapy.org/>

Parent education and support groups

Good Shepherd Center

17314 South Kedzie Avenue
Hazel Crest, IL 60429

Phone: (708) 335-0020

<http://gscenter.org/contact>

Support for families with individuals with disabilities

SPEED Early Learning Center

1125 Division Street
Chicago Heights, IL 60411

Phone: (708) 481-6100

<http://www.speed802.org/district-info/elc/>

Programs for parents and children

Trinity Services

301 Veterans Parkway
New Lenox, IL 60451

Phone: (815) 485-6197

<http://www.trinity-services.org/>

Support for families with individuals with disabilities

Vilaseca Day Care Center

351 N. Chicago Street
Joliet, IL 60432

Phone: (815) 727-1467

They provide day care and educational programs for low income and single parent families.

Warren-Sharpe Community Center

454 S. Joliet Street
Joliet, IL 60436

Phone: (815) 722-2727

Academic tutoring, job training, recreation, athletics, and family support services, Food Pantry

SPECIALITY ORGANIZATIONS AND SUPPORT GROUP SERVICES

Ada S. McKinley Community Services

1359 West Washington Blvd.

Phone: (312) 554 -0600

Chicago, IL 60607

<http://www.adasmckinley.org/>

Foster care, adoption services, youth services, daycare/early intervention services, special education services, residential/group home information for adults & youth

Anorexia Nervosa & Associated Disorders (ANAD)

15418 South Harlem Avenue

Phone: (708) 269-4935

Orland Park, IL 60462

jessicaspreadbury@gmail.com (group leader)

Free support services for eating disorders at First Suburban Title Company

Alzheimer's Association

850 Essington Rd., Suite 200

Helpline: (800) 272-3900

Joliet, IL 60435

Phone: (815) 744-0804

<http://www.alz.org>

Information and referral, support groups, and helpline 24hrs/7days

American Foundation for the Blind

<http://www.afb.org>

Phone: (800) 232-5463

Information and referral services for the blind and visually impaired

Blind Services Association

17 North State Street, Suite 1050

Phone: (312) 236-0808

Chicago, Illinois 60602

Hours: 9:00 am – 8:00 pm

<http://www.blindserviceassociation.org/>

Educational, recreational, and support programs for visually impaired people of all ages

BraveHeart Educational Support Group – Horizon Hospice & Palliative Care

3408 Vollmer Road

Phone: (708) 441-8278

Olympia Fields, IL 60461

Group for children & teens 5-18 years of age that have experienced loss

Cancer Support Center

2028 Elm Road

Phone: (708) 798-9171

Homewood, IL 60430

19657 South La Grange Road

Phone: (708) 478-3529

Mokena, IL 60448

<http://www.cancersupportcenter.org/>

Support groups for patients and their families

C.H.A.D.D. (South Suburban)

<http://www.chadd.org/>

Attention Deficit Disorder Support Groups

Phone: (815) 469-3612

ChildServ

8765 W Higgins Rd. Suite 450

Chicago, IL 60631

<http://www.childserv.org/>

Provides community-based programs to underserved children and families

Phone: (773) 693-0300

Compassionate Friends Network

<http://www.compassionatefriends.org/>

Phone: (630) 990-0010

Referral: (877) 969-0010

Offers friendship, understanding, and hope to bereaved parents, grandparents, and siblings

Crisis Line of Will & Grundy Counties

www.willfinduhelp.org/

Phone: (815) 722-3344

Open 24 hours a day, 7 days a week. Comprehensive suicide prevention hotline, information, referral, telephone counseling, and Sunshine calls. Services are available for the hearing impaired.

Cystic Fibrosis Foundation

150 N. Michigan, Suite 1550

Chicago, IL 60601

<http://www.cff.org/>

Phone: (312) 236-4491

Depression and Bipolar Support Alliance (DBSA)

55 E. Jackson Blvd, Suite 490

Chicago, Illinois 60604

<http://www.dbsalliance.org>

Offers search for local support groups and information on Mood Disorders

Phone: (800) 826-3632

Crisis: (800) 273-TALK

Good Shepherd Center

17314 Kedzie Ave.

Hazel Crest, IL 60429

<http://gscenter.org>

Resources for families of children with special needs

Phone: (708) 335-0020

Grandparents Raising Grandchildren – Support Groups in Illinois

251 North Center Street

Joliet, Illinois 60435

http://www.illinois.gov/aging/BenefitsAccess/Documents/grg_support.pdf

Phone: (815) 723-9713

Horizon Hospice & Palliative Care Center

3408 Vollmer Rd.
Olympia Fields, IL 60461
www.horizonhospice.org

Phone: (708) 283-8150

Illinois Special Ed

<http://www.illinoispecialled.com/>

Online Search for Parent Support Groups, Special Education Lawyers, Special Education Law

Joliet Area Community Hospice

250 Water Stone Circle
Joliet, IL 60431

Phone: (815) 740-4104

Phone: (815) 460-3225

<http://www.joliethospice.org/>

Care to those with a terminal illness through physical, psychosocial, and spiritual support. Workshops and support groups. Services covered by Medicare, Medicaid, and private insurance.

Joliet Job Corps Center

1101 Mills Rd.
Joliet, IL 60433

Phone: (815) 727-7677

<http://joliet.jobcorps.gov/contact.aspx>

Teaches employability and technical skills

LARC, Inc.

19043 Wentworth Avenue
Lansing, IL 60438

Phone: (708) 474-1540

<http://www.larclansing.com/>

LARC provides employment, program and residential opportunities to individuals with developmental disabilities. They assist over 100 adults in realizing outcomes of independence.

The Link and Option Center, Inc.

15652 South Homan Ave.
Markham, IL 60428

Phone: (708) 331-4880

<http://www.link-option.com/services.html>

Mental Health America of Illinois (MHAI)

70 East Lake Street, Suite 900
Chicago, IL 60601

Phone: (312) 368-9070

<http://www.mhai.org/>

National Alliance on Mental Illness

731-9103

Phone: (815)

Perinatal Bereavement Group

Provena Saint Joseph Medical Center
333 N Madison Avenue
Joliet, IL 60435

Phone: (815) 725-7133

Support for people who have lost a child through miscarriage, stillbirth, or early infant death

Senior Services Center of Will County

251 N. Center St.
Joliet, IL 60435
www.willcountyseniors.org

Phone: (815) 723-9713

Phone: (800) 892-1412

For those 60 years and older, they will help with transportation, recreation, and health screenings.

The Sickle Cell Disease Association of Illinois

8100 S. Western Avenue
Chicago, IL 60620
<http://www.sicklecelldisease-illinois.org/>

Phone: (773) 526-5016

Southern Will County Cooperative for Special Education

1207 North Larkin Avenue
Joliet, IL 60435
<http://www.sowic.org/>

Phone: (815) 741-7777

SouthStar Services

1005 West End Ave
Chicago Heights, IL 60411

Phone: (708) 755-8030

<http://www.southstarservices.org/> *Programs and services for persons with developmental disabilities; Vocational Services, Community Living Services, Support Services*

South Suburban Special Recreation Association

19910 80th Avenue
Tinley Park, IL 60487
<http://www.sssra.org/>

Phone: (815) 806-0384

Provides individuals with disabilities or special needs the opportunity to be involved in year-round recreation

Southwest Community Services, Inc.

6775 Prosperi Drive
Tinley Park, IL 60477
<http://www.swcsinc.org/locations.php>
Email: info@swcsinc.org

Phone: (708) 429-1260

Provides individuals with diverse disabilities opportunities to maximize their development and independence

The Success Center

1955 Bernice Road

Lansing, IL 60438

Community counseling and prevention agency

Phone: (708) 474-7601

Trinity Services Inc. Autism Support Program Center

301 Veterans Parkway

New Lenox, IL 60451

http://www.trinity-services.org/programs_services/Autism_Support.aspx

Provide a range of clinical services tailored for the needs of each child and family

Phone: (815) 485-6197

United Cerebral Palsy of Will County

311 S Reed Street

Joliet, IL 60436

<http://www.ucpilprairieland.org/>

Phone: (815) 744-3504

Vitas Hospice Children's Bereavement – Journey

8525 W. 183rd Street, Suite M

Tinley Park, 60487

<http://www.vitas.com/il/chicago-hospice>

Provides educational support services, mentoring, and intervention/delinquency prevention services to youth and families

Phone: (708) 781-4400

Will County Regional Office of Education – Truancy Information

702 W. Maple Street

New Lenox, IL 60451

Phone: (815) 740-8360

Will-Grundy Center for Independent Living

2415-A West Jefferson Street

Joliet, IL 60435

www.will-grundycil.org

A non-profit organization that provides support for individuals of all ages with disabilities.

Phone: (815) 729-0162

COVID-19 TESTING RESOURCES

1. **CVS PHARMACY** – 3400 Lincoln Hwy, Olympia Fields, IL - www.cvs.com/coronavirus - no cost or Insurance – 3-7 day results
2. **CVS PHARMACY** – 3200 Flossmoor Rd, Flossmoor, IL - www.cvs.com/coronavirus - no cost or Insurance – 3-7 day results
3. **CVS PHARMACY** – 250 W. 144th Street, Riverdale, IL - www.cvs.com/coronavirus - no cost or Insurance – 3-7 day results
4. **Family Christian Center**, 31 W. 155th Street, Harvey, IL, appointment only 708-596-5177, no costs, 3-5 day results
5. **Family Christian Center offsite** – Tuesdays only – Keller Elementary School 14123 Lydia, Robbins, IL. 10am-2pm No appointment necessary. No costs, 3-5 days results
6. **Family Christian Center offsite** – Thursday only – Dolton Fitness Center 14900 Greenwood, Dolton, IL. 10am-2pm No appointment necessary. No costs, 3-5 days results
7. **Ingalls Family Care Center** - 19550 Governors Hwy, Flossmoor, IL appointment only 708-915-2683, M-F, 8am-3pm, no cost or copay 24 hour results
8. **Ingalls Family Care Center** - 6701 159th Street, Tinley Park, IL appointment only 708-915-2683, M-F, 8am-3pm, no cost or copay 24 hour results
9. **Ingalls Family Care Center** - 1600 Torrence Ave, Calumet City, IL appointment only 708-915-2683, M-F, 8am-3pm, no cost or copay 24 hour results, No cost,
10. **Roseland Hospital** – 45 W. 111th street, No appointment. No costs, Same day results – 7 days
11. **South Suburban College** – 15800 S. State St., South Holland, IL 8-4pm M-F No Cost results in 3-4 days
12. **Walgreens** – 347 E 95th Street, Chicago, IL – www.walgreens.com to schedule appointment – no costs, Same day results
13. **Walgreens** – 1606 N. Mobile, Chicago, IL www.walgreens.com to schedule appointment – no costs, Same day results
14. **Walgreens** – 695 W. Boughton Rd. Bolingbrook, IL www.walgreens.com to schedule appointment – no costs, Same day results
15. **Walmart** – 22401 Central Ave, Richton Park, IL www.doineedacovid19test.com, appointment only, no cost, 3-5 days results
16. **Walmart** - 17625 Torrence Ave, Lansing, IL www.doineedacovid19test.com, appointment only, no cost, 3-5 days results

LEGAL SERVICES

American Civil Liberties Union

180 N. Michigan Ave., Suite 2300

Chicago, IL 60601

<http://www.aclu-il.org/about/contact-us/>

Phone: (312) 201-9740

Bankruptcy Desk

Monday-Friday 9:30-12:30

www.cookcountycourt.org

Phone: (312) 435-6032

CASA of Will County

3200 W. McDonough St.

Joliet, IL 60431

<http://www.casaofwillcounty.org>

This is a Court Appointed Special Advocate program. Recruits, trains, and supervises volunteers to represent the best interest of children in specific abuse and neglect cases in Will County.

Phone: (815) 730-7072

Center for Correctional Concerns

95 S. Chicago Street

Joliet, IL 60432

<https://www.willcosheriff.org/adult-detention/about-the-detention-facility>

Serves residents of Will County Adult Detention Facility (WCADF)

Phone: (815) 740-5631

Center for Disability and Elder Law

www.cdela.org

Phone: (312) 376-1880

Chicago Bar Association Senior Citizens Will Program

www.chicagobar.org

Phone: (312) 554-2000

Chicago Legal Advocacy for Incarcerated Mothers (CLAIM)

www.claim-il.org

Phone: (312) 675-0912

Chicago Coalition for the Homeless

(800) 940-1119 toll free

www.chicagohomeless.org

Phone: (312) 641-4140

Crime Victims Compensation Program

Illinois Attorney General Office

<http://www.illinoisattorneygeneral.gov/victims/cvc.html>

Victims of violent crimes and their families are assisted with medical/hospital expenses and counseling. Crime must be reported to the proper authorities within 72 hours.

Phone: (800) 228-3368

Domestic Violence Legal Clinic

www.dvlcchicago.org

Phone: (312) 325-9155

Domestic Violence Advocates Office

Phone: (312) 708-865-6060

Maywood Courthouse

1500 Maybrook Dr Maywood, IL 60153

Hours: Monday through Friday, 8:30 a.m. to 4:30 p.m.

*Advocates assist petitioners in filling out court forms seeking orders of protection.***Health & Disability Advocates**

Phone: (312) 223-9600 voice

www.hdadvocates.org

(866) 584-8750 TTY

Guardianship Assistance Desk for Minors

Phone: (312) 603-0135

The H.E.A.R.T. Organization (Helping, Enriching, Advising, Reaching & Teaching)

PO Box 1655 Bolingbrook, IL 60440

Phone: (630) 226-8742

<http://heartorganization.org/>*They assist juveniles (11-18 years old) in achieving judicial compliance with educational programs that teach juvenile law and consequences, social skills training and anger management.***Illinois Department of Human Rights**

Phone: (312) 814-6200

www.state.il.us/dhr

Illinois Department of Public Aid, Division of Child Support Enforcement

16 West Cass Street

Phone: (800) 447-4278

Joliet, IL 60432

<http://childsupportoffice.us/illinois/joliet-il-child-support-and-social-service-office/>**Illinois Lawyer Referral Services**

20 S. Clark St., Suite 900

Phone: (312) 726-8775

Chicago, IL 60603

<http://www.isba.org/contact/staffdirectory>*No charge for referrals***Legal Council for Health Justice**

Phone: (312) 427-8990

www.legalcouncil.org**Legal Assistance Foundation of Metropolitan Chicago**

120 S. LaSalle St, Ste. 900

Phone: (312) 341-1070

Chicago, IL 60603

<http://www.illinoislegalaid.org/index.cfm?fuseaction=directory.showOrgDetails&organizationID=15>*Legal Advocacy – Family Law***Model Ex-Offender Program**

Phone: (815) 723-8998

37 E. Cass Street Joliet, IL 60432

<https://www.dhs.state.il.us/page.aspx?item=35568>*Provides help with finding employment and developing employment finding skills to ex-offenders residing in Will County*

Will County Children’s Advocacy Center

Phone: (815) 774-4565

Will County Court Annex Building

57 N. Ottawa St., Suite 506 Joliet, IL 60432

<http://www.willcountychildrensadvocacy.org/index.html>

Court Advocacy, Counseling, Medical evaluations for victims of physical and sexual abuse

Will County Legal Assistance Programs, Inc. - Pro Bono Project of Will County

5 West Jefferson

Phone: (815) 727-5123

Joliet, IL 60432

<http://www.probono.net/dv/oppsguide>

Contact: shelwich@willcollegalaid.org

Legal assistance regarding domestic violence for residents of Will County

INTERNET ASSISTANCE

- Free internet visit www.internetessentials.com/Covid-19 or call 1-855-8-INTERNET.
- Access from AT&T Visit www.att.com/internet/access/

RESOURCE SEARCH ENGINES

Search for more services in your area.

- <https://www.auntbertha.com/>
- <http://spider.dcf.illinois.gov/>
- <http://www.chicagofoodbank.org/>