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Front Cover Photo by © T. Johnson

Park Forest Village Hall
350 Victory Drive
Park Forest, IL 60466
(708)748-1112

Recreation & Parks Dept.
(708)748-2005
www.villageofparkforest.com

Hours
Monday: 9 a.m. to 8 p.m.
Tuesday - Friday: 9 a.m. to 5 p.m.

Recreation & Parks Staff
Robert Gunther - Director
Kevin Adams - Assistant Director
Mary Boone - Office Technician
Todd Cann - Crew Chief/Village Forester
Dan Dessecker - Building Maintenance Coordinator
Naomi Fell - Freedom Hall Building Office Assistant
Carolyn Hoff - Administrative Assistant
Lee Irvin - Tennis & Health Club Manager
Margaret Lewis - Community Health Coordinator
Teresa Lucas - Office Technician
Adina McCollough - Recreation Supervisor
Chuck Sabey - Cultural Arts Manager

Recreation & Parks Advisory Board
Georgette Gladstone, Chair
Mike Adami
Karen Blackful
Avery Johnson
Katherine Vagt

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75 Park St ................................................
Public Works Dept ...................................... (708)503-7702
350 Victory Drive ........................................
Recreation Center ....................................... (708)748-2005
(at Michelle Obama School of Technology & the Arts)
215 Wilson St.
Recreation & Parks Dept ................................ (708)748-2005
350 Victory Drive ........................................
Tennis & Health Club .................................... (708)481-6060
290 Westwood Dr.
Thorn Creek Nature Center ............................. (708)747-6320
247 Monee Rd.
South Suburban Special Recreation .................. (815) 806-0384
(TDD) .................................................. (815) 806-0389
19910 80th Ave., Tinley Park IL 60487
Village Hall Offices ..................................... (708)748-1112
350 Victory Drive ........................................
Water Office ............................................. (708)748-1112
350 Victory Drive ........................................

PHONE NUMBERS

Aqua Center ............................................. (708)747-9490
30 N. Orchard
Building Department .................................. (708)503-7703
350 Victory Drive
Police/Fire EMERGENCY .............................. 9-1-1
Police Non-emergency ................................. (708)748-4700
200 Lakewood Blvd.
Fire Prevention Bureau ............................... (708)748-5605
Fire Chief .............................................. (708)748-5606
156 Indianwood Blvd.
Freedom Hall .......................................... (708)747-0580
410 Lakewood Blvd.
Community Health .................................... (708)748-2005
350 Victory Drive
Jolly Trolley ............................................ (708)748-4433
Library .................................................. (708)748-3731
400 Lakewood Blvd.
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FROM THE VILLAGE MANAGER

Parks and recreational programming are critical factors in the quality of life for Park Foresters. Many years ago, Park Forest decommissioned several playground structures due to the age of the equipment and liability exposures. In the aftermath, the Village renewed its commitment to evolve both parks and programming to serve the community. Over the past two decades, park upgrades included new skateboard parks, new play structures at Logan Park and Illinois School Park, and a new concession stand and Discovery Center were constructed at the Aqua Center. New parks were developed with the Bark District, a new tot-lot in Eastgate, and the Rail Fan Park adjacent to rail lines along North Street. Recreational programming has progressed with the Teen Zone evolving from the longstanding Canteen program. Revisions have been made with summer camps. A tremendous youth basketball program has been implemented. Special programming such as musical instruments, dance, destination bus trips and more have been offered to meet the preferences of residents.

These changes come about with feedback from the residents and volunteer groups in addition to monitoring what is taking place in the parks industry. Examples include the skateboard park at Michelle Obama School being designed by the Youth Commission with a focus group of young skateboarders and Murphy Park renovations included resident input coordinated by the Recreation & Parks Advisory Board. The Youth Commission and the Recreation & Parks Advisory Board are invaluable with their ideas and support in coordinating great events such as Youth Day, Teen Job Fair and Readiness Workshops, the Easter Egg-stravaganza and Fall Fest. Besides resident input, Recreation & Parks Staff regularly attend conferences to stay abreast of industry trends. The Recreation & Parks Advisory Board chair has also attended such trainings. Industry trends are important to monitor so that our amenities remain on par with other communities. An example of industry trend analysis relates to how parks are situated in a community. In the 1970’s, neighborhood parks were the standard approach across the country. More recently, industry trends have indicated that the neighborhood parks approach is being succeeded by larger destination parks. Regular review of these trends has Park Forest Officials aiming to maintain a balance between longstanding approaches and contemporary ideas. Logan Park, Central Park, Somonauk Park and the Downtown Village Green serve as the larger destination parks and gathering locations serving the Park Forest community.

In the months ahead, be sure to enjoy the construction of a new pavilion at Somonauk Park and the final touches being made to the Village Green revitalization project and Murphy Park. The ever-popular Main Street Nights will take place every Wednesday evening this summer, the annual 4th of July Celebration will take place and the Aqua Center will continue to serve as the best outdoor aquatics center within the region. Park Forest families are encouraged to be out and active this summer. With nearly as much open space per capita as any community in Illinois, there are many options.

Thomas Mick
Village Manager

BOARD OF TRUSTEES

Mayor Jonathan M. Vanderbilt
Term expires 2023
Phone: (708) 932-5920

Trustee Tiffani Graham
Term expires 2019
Phone: (708) 275-4099

Trustee Candyce Herron
Term expires 2023
Phone: (708) 527-9988

Trustee Robert McCray
Term expires 2021
Phone: (708) 481-8168

Trustee Theresa Settles
Term expires 2021
Phone: (708) 748-8664

Trustee Joseph A. Woods
Term expires 2023
Phone: (312) 428-0778

Village Clerk Sheila McGann
Term appointed
Grab a blanket and position yourself in the Park Forest Downtown Village Green (Cunningham Drive and Main Street) for eight FREE nights of entertainment, rain or shine! Vendors on hand selling food and drinks!

The evening starts at 6:30 p.m. with an opening act followed by the showcased entertainment. In case of rain, performances will be moved to Dining on the Green, 349 Main Street. For weather related changes or cancellations, please call 708-283-5647, for general inquiries, 708-748-2005.

6:30 p.m. The Jesse White Tumblers
The Jesse White Tumblers were created in 1959 to provide a positive alternative for inner-city kids. The team consists of male and female participants as young as age 6. The team, with 7 units, gives more than 1,500 performances each year at major sporting events and community, business, and charity functions.

7:30 p.m. THE UPBEAT ORCHESTRA
The UPBEAT ORCHESTRA is one of the region’s most exciting and creative party bands - a dynamic and balanced mix of Swing/Classics, Motown/R&B, Party/Rock and Contemporary. UpBeat is comprised of Chicago’s top national level artists, and is known for packing the floor with dramatic momentum – UpBeat creates a non-stop, unforgettable dance party experience. UpBeat performs a variety program that musically connects with everyone – Chicago's UpBeat Dance Band!
MAIN STREET NIGHTS

WEDNESDAY, JUNE 19
Shaun Hays

Chalk art champion delights with his innovative artwork!

6:30 p.m.  Mr. Taps

Mr. Taps' engaging personality and fancy footwork entrances audiences. Ayrie King III, better known as "Mr. Taps," effortlessly glides across the floor as he demonstrates different styles of tap dancing, from Fred Astaire's innovative flair to Ann Miller's rapid-fire tapping. Mr. Taps has performed at schools, colleges, theaters and festivals throughout the U.S. Workshops and residencies are also available.

7:30 p.m. John Primer & The Real Deal Blues Band with Special Guest Billy Flynn

Two-time Grammy nominated artist and American blues legend John Primer was the bandleader and guitarist for Muddy Waters, Willie Dixon and Magic Slim & The Teardrops. Having played or recorded with a who's who of blues greats including Junior Wells, Gary Clark Jr., Derek Trucks, Johnny Winter, The Rolling Stones and Buddy Guy to name a few, John Primer's personal accolades, including a Lifetime Achievement Award, reflect his countless contributions to the history of Chicago blues. There are very few fans, critics or musicians who will deny the fact that John Primer is the real deal.

WEDNESDAY, JUNE 26

6:30 p.m.  Cold Blooded Creatures

Back by popular demand! Jim Nesci entertains while educating the audience about reptiles. See and touch 4 types of reptilians.

7:30 p.m.  Bernie Glim & Friends

Bernie Glim & Friends is a Country/Rock/Jazzy/Blues band of master musicians led by Bernie Glim on guitar and vocals. The ensemble includes Al Joseph on violin, Karen Larson Glim and Rachel McGowan on percussion and vocals, Jim Williams on bass and Scott Bonshire on drums. Their CD, “Playin’ To Win”, was voted in the Top Ten of the 2007 album releases in the midwest. Performing over 200 dates a year, their warmth, humor and ability to engage audiences of all ages has gained them a loyal following.
MAIN STREET NIGHTS

WEDNESDAY, JULY 10
Chalk art champion Shaun Hays delights with his innovative artwork!

6:30 p.m. Circus Boy
Bobby Hunt, better known as “Circus Boy,” is an entertaining treat to audiences of all ages. With finesse and good-natured wit, Bobby skillfully weaves varied activities such as fire-eating, mouth juggling and audience participation into a delightful performance. Bobby has appeared on TNT, CBS, PBS and Ripley's Believe it or Not.

7:30 p.m. The Rad Trads
The gentlemen comprising the Brooklyn-based five-piece The Rad Trads distinguish themselves in ways few bands can. Already drawing lines around the block at home, the globe-trotting group’s singular take on rock n roll mixes punk rock energy, horn drenched soul, and jazz precision, all with a lighthearted but sincere delivery. It’s a sound and show that is gaining steam world over as The Rad Trads continue to tour in support of On Tap, out now from Hornblow Recordings.

WEDNESDAY, JULY 17
Governors State University and Park Forest celebrate 50 years together!

6:30 p.m. DJ Xavier Joshua
Xavier Joshua is a seasoned DJ and Master of Ceremonies (MC), is known as one of the pioneers of the Chicago House Music Movement. He was honored to be named to the Architects of House as one of the 100 most influential DJ’s in the Chicago House Music scene between 1975 and 1995. One of Xavier’s biggest joys was teaching and mentoring his little brother Maurice, who achieved national recognition as 3-time Grammy nominee and winner for his 2004 dance remix of Beyonce’s “Crazy in Love”.

7:30 p.m. Maggie Speaks with Special Guest Theo Peoples
A packed dance floor, an engaged audience, and unstoppable energy that makes your night one to remember forever. Having shared the stage with names like Earth Wind and Fire, The Doobie Brothers, .38 Special, and Jay Leno, among many others, Maggie Speaks is considered one of the hottest live bands in Chicago and on this evening they are joined by legendary special guest Theo Peoples, former lead singer of the Temptations and the Four Tops to perform classic hits from both groups.
MAIN STREET NIGHTS

WEDNESDAY, JULY 24

6:30 p.m. Spotlight on SAMBA
The members of the Southland Arts, Municipalities, and Business Alliance (SAMBA) showcase the abundant diversity and talent of artists throughout the region.

7:30 p.m. Southland Jazz Ensemble with Ava Logan
SJE’s swingin’ and Ava Logan’s singin’, bringing the best of big band music to the stage. Featuring the Southland’s finest musicians, the ensemble plays classic hits that will make you want to get up and dance!

WEDNESDAY, JULY 31

Movie Night!

6:30 p.m. Classical Blast
Classical Blast blurs musical lines, melding classical music into classic rock hits or rocking music by Beethoven, Bach and composers from other centuries, sometimes adding original lyrics. From Bach to classic rock to metal to pop, we hope you’ll find our approach to music a refreshing change. It’s the past, present & future all brought together in perfect harmony! An evening with Classical Blast is a total blast for any age! Join us for the ride...

Movie at Dusk:
Ralph Breaks the Internet
Video game villain Wreck-It-Ralph must brave the Internet to help Vanellope fix her game Sugar Rush. From Walt Disney Pictures.
Rated PG 112 minutes
MAIN STREET NIGHTS

WEDNESDAY, AUGUST 7

UNITY DAY!
Unity Day! Everyone is invited for a night on the town! Music, food, raffles, police emergency vehicles, trucks and more!

6:30 p.m. Ken Schultz – “The Flyin’ Fool”
Ken Schultz is the master of comedy manipulation who will dazzle all audiences with his effervescent juggling routines of various items, from bowling balls to rubber chickens to whatever else he may borrow from an audience member.

7:30 p.m. Fredi Taylor's Legacy Music Project
"Chicago-Born vocalist Fredi Taylor started her music career as a child singing in church and grew to become a local and national performing vocalist and spoken word artist. For over 20 years, Fredi has brought together talented, internationally renowned musicians who, along with Fredi's passionate and high-energy covers of classic and contemporary R&B hits, always keep the crowd on their feet, dancing and singing along. Her Legacy Music Project brings together generations of artists and music for an evening of feel good fun of influenced by R&B, Neo-soul, Jazz, and Reggae flavors from the 70's to today."

Events are subject to change, call 708-748-2005 to confirm weekly schedule.

Photo courtesy of © T. Johnson
GREAT AMERICAN CAMPOUT AT CENTRAL PARK
FRIDAY, JUNE 21 - SATURDAY, JUNE 22
4:00 PM TO NOON

Join the Park Forest Recreation & Parks Advisory Board and Recreation & Parks Department in celebrating the National Wildlife Federation’s Great American Campout, June 21st and 22nd with an overnight campout in Park Forest’s beautiful Central Park. The 15th annual Great American Campout is a nationwide event that connects people with the great outdoors. Whether this is your first camping experience or you and your family are seasoned campers, this event is a great way for friends, families, and children to connect with nature, sleep under the stars and create memories of outdoor experiences. Learn more about the National Wildlife Federation’s Great American Campout at http://www.nwf.org/Great-American-Campout.

Set-up begins at 4:00 pm on Friday, June 21st. Park in the Aqua Center parking lot near the north bridge. Saturday activities include a nature craft with the Thorn Creek Naturalist as well as practicing useful skills such as camping first aid, useful camping knots and rope work with Fire Chief Natyshok and Park Forest Paramedics and compass and map reading skills with Recreation & Parks staff.

Pre-registration and signed waiver required for each person attending. Firewood, charcoal for cooking and supplies for activities will be provided. Families will need to supply tent, sleeping gear, eating utensils, food, and personal kit. A limited number of tents are available to rent for $10.00 each. This is a dog friendly event. Dog must be friendly, current on shots, picked up after and leashed in camping area.

Registration deadline: June 14, 2019. For more information contact Rob Gunther at 708-748-2005.

Ages 4 years & Older $5 per person Central Park
24202-01 F-Sa 4 pm-12:00 pm June 21-22

Ages 0-3 years FREE Central Park
24202-02 F-Sa 4 pm-12:00 pm June 21-22
UPCOMING EVENTS

MAY 4-OCTOBER 26
SATURDAYS
7 A.M. TO NOON

OUR 46TH YEAR!
Every Saturday morning from May through October, the Farmers’ Market has something for everyone. Selling begins at 7:00 am and ends at noon. Rain or shine, fresh garden and produce is available as well as bakery goods. In addition, your favorite local businesses set up shop under their awnings with baubles, artwork, garden ornaments, candles and more! Come to Market to meet friends, chat, browse, have breakfast or lunch and shop.

Market is located at 152 Main Street, next door to Dollar General across from Victory Center.

Local civic groups can give demonstrations, hold fundraisers and other events at no charge but must be registered in advance.

Call Margaret Lewis at 708-748-2005 for more information or visit the Park Forest Farmers' Market Facebook page.

4TH OF JULY - THURSDAY
Celebrate 4th of July in Park Forest!

PARADE - 6 P.M.
The July 4th parade route will start at Main St. and Orchard. The parade route provides plenty of opportunity for viewing, as the parade winds its way around Central Park--Orchard to Westwood, Westwood to Lakewood and Lakewood back to Orchard.

Community groups and individual entries are wanted to help us celebrate our country’s independence together. Please contact Sergeant Julius Moore at 708-748-9536 or email jmoore@vopf.com to request an entry form.

MUSIC - 7 P.M. to 9:15 P.M.
FREE concert by BBI on our main stage on the Village Green (Main St. & Cunningham Dr.). BBI lays down the classics from Motown, R & B, rock and roll, to current dance hits!

FIREWORKS - 9:15 P.M.
After the concert on the Village Green (Main St. and Cunningham Dr.), turn your chairs around and enjoy the 15 minute fireworks display. Fireworks will be launched from Central Park.
DANCE WITH MS. CAROL

PRE-BALLET
This program is an introduction to ballet, balance, coordination, rhythm and movement. Self-expression, ballet stories and songs. Carol Hutchinson instructs the class.

Age 4-6 $72 8 weeks
Village Hall, Lower Level - Room 1
21501-01 Sa 10:15-11:15 am June 29-Aug 17

BALLETT I & II
Classical ballet training, technique, and body placement. This class is for students who have taken 2 years or more of ballet. Carol Hutchinson instructs the class.

Girls - Pink ballet shoes, any color leotard, a short chiffon skirt and light pink tights.

Boys - White or black T-shirt, black tights and ballet shoes.

Adults - Leotard, short chiffon skirt, tights and ballet shoes (any color).

INTERMEDIATE BALLET & POINTE WORK
Students must have studied ballet at least 5 years or more. Ms. Carol must give permission to the student to wear pointe shoes. Carol Hutchinson instructs the class.

Ages 10-18 $100 8 weeks
Village Hall, Lower Level - Room 1
21504-01 Tu 5-6:30 pm June 25-Aug 13
21504-02 Sa 11:15 am-12:45 pm June 29-Aug 17

INTERMEDIATE ADULT BALLET
Enjoy learning ballet and the joy of dance. Carol Hutchinson instructs the class. Class will meet on July 4.

Ages 15 & Older $100 8 weeks
Village Hall, Lower Level - Room 1
21603-01 Tu 3:30-5 pm June 25-Aug 13
21603-02 Th 12-1:30 pm June 27-Aug 15

REQUIRED DRESS
Students must be on time for class. Long hair should be pulled back in a ponytail or braids.

Girls - Pink ballet shoes, any color leotard, a short chiffon skirt and light pink tights.

Boys - White or black T-shirt, black tights and ballet shoes.

Adults - Leotard, short chiffon skirt, tights and ballet shoes (any color).
DANCE

HIP HOP DANCE

Hip Hop Dance maximizes the creative talent within an individual that will help them express their inner creativity outwardly and understand the movements behind the dance.

Dancing is therapeutic not only for the body, but also for the mind, soul and spirit. Hip Hop is a creative expression of storytelling with the body. Michelle Davis instructs the class.

Ages 7-14 $45 7 weeks
Village Hall, Lower Level - Room 2
21505-01 Sa 9-10 am Aug 10-Sept 21
21505-02 Sa 9-10 am Oct 5-Nov 16

INSPIREDANCE (MODERN, JAZZ, LYRICAL)

The Inspired dance (InspireDANCE) program will fulfill the needs and desires of adult students with the passion and gift to dance but the limited ability in technical training. This dance program will provide a positive outlet for you to express yourself through movement and creative story-telling. If you love liturgical dancing then this is the class for you. Michelle Davis instructs the class.

Ages 4-12 $45 7 weeks
Village Hall, Lower Level - Room 2
21701-01 Sa 10-11 am Aug 10-Sept 21
21701-02 Sa 10-11 am Oct 5-Nov 16

Ages 13 & Older $55 7 weeks
Village Hall, Lower Level - Room 2
21701-03 Sa 11 am-12 pm Aug 10-Sept 21
21701-04 Sa 11 am-12 pm Oct 5-Nov 16

LINE DANCING

Beginners Line Dance is a moderately paced dance that combines exercise and dance into one. The dance steps will target/exercise the hips, legs, knees and feet. Participants are encouraged to go at their own pace and to have a good time. Dawn Avery instructs the class.

Drop-in Fee: $6 per class (payable to instructor - cash only).

Ages 18 & older $36 6 weeks
Village Hall, Lower Level - Rooms 1 & 2
11601-04 M 10:30-11:30 am May 13-June 17
21601-01 M 10:30-11:30 am June 24-July 29
21601-02 M 10:30-11:30 am Aug 5-Sept 9
HEALTH & WELLNESS

COMMUNITY HEALTH
RECREATION & PARKS DEPARTMENT
Margaret Lewis, Community Health Coordinator
350 Victory Dr., Park Forest, IL 60466
(708)748-2005 ext. 5663 / email: mlewis@vopf.com
www.villageofparkforest.com

Community Health Services
• Wellbeing checks on residents
• Medical equipment loan closet
• Annual farmers market management
• Food service health inspections (retail food, daycare, and restaurants)
• Health monitoring of senior building residents
• Health services referrals (i.e. homemaker, primary care, immunizations, home health)
• Health information resource (diabetes, heart disease, cancer)

SAFE BABYSITTER’S TRAINING
AND CERTIFICATION
The Park Forest Fire Department will be teaching the American Red Cross babysitting skills and more. Although every situation is unique, there are some universal skills and techniques every babysitter should have. This course is designed with that principle in mind and can help you deliver the care families need. Just a few of the things our babysitting classes cover include: Basic Care for Infants and Children, Basic First Aid, Fire Safety, Child Behavior, Age-Appropriate Activities, Emergency Protocols, Professionalism and Leadership.
Registration deadline: July 3, 2019.

Ages 10-15 $20 5 days
Park Forest Library - Ringering Room, 400 Lakewood Blvd.
24004-01 M-F 10 am-1 pm July 8-12

BASIC HEARTSAVER CPR
The Basic Heartsaver CPR class is intended for anyone with little or no medical training who requires a course completion card for job, regulatory (e.g., OSHA), or other requirements. These courses can also be taken by anyone who wants to be prepared for an emergency in any setting. Classes are taught by the Park Forest Fire Department.

Ages 18 & Older $40 1 day
Park Forest Fire Department, 156 Indianwood Blvd.
14105-03 Saturday 9 am-12 pm May 18 (Registration deadline: May 15)
14105-04 Saturday 9 am-12 pm July 20 (Registration deadline: July 17)
14105-05 Saturday 9 am-12 pm Sept 21 (Registration deadline: Sept 18)
14105-06 Saturday 9 am-12 pm Nov 16 (Registration deadline: Nov 13)

BLS HEALTHCARE PROVIDERS CPR
The BLS Healthcare Providers CPR class is intended for Healthcare Professionals who may require a completion card for their job. Topics include CPR and AED, Basic or Advanced Cardiovascular Life Support, Stroke training, and more. Classes are taught by the Park Forest Fire Department.

Ages 18 & Older $50 1 day
Park Forest Fire Department, 156 Indianwood Blvd.
14106-03 Saturday 9 am-12 pm May 18 (Registration deadline: May 15)
14106-04 Saturday 9 am-12 pm July 20 (Registration deadline: July 17)
14106-05 Saturday 9 am-12 pm Sept 21 (Registration deadline: Sept 18)
14106-06 Saturday 9 am-12 pm Nov 16 (Registration deadline: Nov 13)
HEALTH & WELLNESS

PIYO

PiYO, a mixture of Pilates and Yoga, gives you hard-core definition, intense calorie burn, and all over strength, without weights, without jumps and without destroying the body. Deaneen Merritt instructs the class. Registration deadline: One week prior to the class. No class July 3. Drop-in Fee Available for $12 per class - payable to instructor (cash only).

Ages 18 and Older $44 4 weeks
Freedom Hall, Johnson Room
22607-01 W 6:30-7:30 pm June 5-26
22607-02 W 6:30-7:30 pm July 10-31
22607-03 W 6:30-7:30 pm Aug 7-28

IBANG CARDIO FITNESS DRUMMING

Come and rock out your workout with cardio drumming fitness. Join this lively exercise class that utilizes dance moves and cardio intervals with the fun of drumming. This workout is a 45 minute series. You can burn between 600-900 calories per hour, strengthen and sculpt muscles and drum your way to a leaner, slimmer you all while rocking out to great music. This class is great for all ages and levels. Michelle Davis instructs the class.

Multiple Class Discount: Register for 2 classes a week for $40 or 3 classes a week for $60. To receive the discount you must register in person or over the phone with a credit card.

Drop-in fee available for $10 per class - payable to the instructor (cash only). Drop-in students must have their own equipment (65 cm exercise ball, bucket and drumsticks).

Ages 8 & Older $28 4 weeks
Village Hall, Lower Level - Rooms 1 & 2
22704-01 Sa 8:15-9 am June 1-22
22704-02 F 6:15-7 pm June 7-28
SPORTS

TAEKWONDO

Taekwondo is a Korean style method of unarmed self-defense and sport. The Word Tae means leg (foot), Kwon means hand (or fist) and Do stands for the way of mental discipline to repel aggression. It is also an Olympic Sport. Taekwondo does not mean fighting, but it symbolizes the cultivation of a well-rounded character in it's practitioners, through self-respect, indomitable spirit of discipline, coordination and control. Program is led by World Champion, Master Ben Effiok. No class July 4.

Uniform is required at an additional fee of $65 due first day of class to the instructor (One-time uniform fee. Fee subject to change).

Ages 4 years & Older $60 7 weeks
Village Hall, Lower Level - Rooms 1 & 2
23201-01 Th 6-7:30 pm June 6-July 18
23201-02 Th 6-7:30 pm Aug 1-Sept 12

JUST BALLIN’ SUMMER BITTY LEAGUE

The Just Ballin' Bitty Summer League is a 6-week basketball league for youth grades 1st-2nd. The league features practices on Wednesdays with games being played on Sunday afternoons. Spectator fee may apply for Sunday games. Shirt is included. Only 40 spots available for this program, so sign up early! Program is led by Jimmie Bowen. No class July 3.

Grades 1-2 $65 6 Weeks
Recreation Center, Gym
23003-01 W 6:30-8 pm June 5-July 17

NFL FLAG FOOTBALL - NEW!

NFL Flag Football returns to provide your child with an opportunity to participate in a fun and exciting non-contact football league. Practices will be held on weeknights between 6:30-7:30 pm (PLEASE NOTE: day may change). Games may take place with neighboring communities on Saturday mornings so some local travel may be involved. All players receive shirt/jersey and year-end awards. Mouthpiece and non-metal cleats are required and are to be provided by parent. Games start mid-September, so register TODAY!

Volunteers are needed! If you are interested in volunteering, please contact Kevin Adams at 708-748-2005.

Ages 5-6 $90 10 weeks
Central Park, Football Field
23004-01 T, W, Th 6:30-7:30 pm Aug 14-Oct 16

Ages 7-9 $90 10 weeks
Central Park, Football Field
23004-02 T, W, Th 6:30-7:30 pm Aug 14-Oct 16

Ages 10-12 $90 10 weeks
Central Park, Football Field
23004-03 T, W, Th 6:30-7:30 pm Aug 14-Oct 16
SPORTS

JUST FOR GIRLS SPORTS CAMP

These 6 week camps are designed to foster a love of sport and physical activity through the introduction of various programs throughout the course of a year. These low-cost programs (each program is only $20!) include Softball, Basketball, Soccer, Flag Football and Volleyball. Each program is held on Saturdays and run approximately 45 minutes to 1 hour in length. Program participants will receive a shirt for each session registered. There are only 25 Spots for each program, so don’t delay register today! Program is led by Kevin Adams.

<table>
<thead>
<tr>
<th>Program</th>
<th>Ages 5-12</th>
<th>Cost</th>
<th>6 weeks</th>
</tr>
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<tbody>
<tr>
<td>Volleyball</td>
<td>Ages 5-12</td>
<td>$20</td>
<td>6 weeks</td>
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<tr>
<td>Recreation Center, Gym</td>
<td>23028-01</td>
<td>Sa</td>
<td>11-11:45 am</td>
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<table>
<thead>
<tr>
<th>Program</th>
<th>Ages 5-12</th>
<th>Cost</th>
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<tr>
<td>Softball</td>
<td>Ages 5-12</td>
<td>$20</td>
<td>6 weeks</td>
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<tr>
<td>Central Park, Field B</td>
<td>23031-01</td>
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<td>11-11:45 am</td>
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SESSL SOCCER SUMMER LEAGUE

Join the South-East Suburban Soccer League (IL). The SESSL is led by Coach Ben Oparanozie, a US Soccer Class B Coach who has played and coached professionally in India and Nigeria. The 7-week training program meets twice a week and features ball skills, advanced passing, amazing defense and small-sided games (depending on rosters). Let the SESSL grow your soccer game to the next level! Participants receive shirt.

<table>
<thead>
<tr>
<th>Ages 5-14</th>
<th>$87</th>
<th>7 weeks</th>
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<tbody>
<tr>
<td>Somonauk Park</td>
<td>23024-01</td>
<td>W 6-7 pm &amp; Sa 10-11 am</td>
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<td></td>
<td>23024-02</td>
<td>W 6-7 pm &amp; Sa 10-11 am</td>
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</tbody>
</table>

BITTY SOCCER SUMMER CAMP

The South-East Suburban Soccer League (IL) is proud to present Bitty Soccer! This fundamental skills based 7-week training program introduces your little kicker to ball skills, passing, defense and small-sided games (depending on rosters). Let the SESSL grow your soccer game to the next level! Program is led by Coach Ben Oparanozie.

<table>
<thead>
<tr>
<th>Ages 3-4</th>
<th>$62</th>
<th>7 weeks</th>
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<tbody>
<tr>
<td>Somonauk Park</td>
<td>23007-01</td>
<td>Sa 6-6:45 pm</td>
</tr>
<tr>
<td></td>
<td>23007-02</td>
<td>Sa 6-6:45 pm</td>
</tr>
</tbody>
</table>
SPECIAL INTEREST

MAMA’S BIRDS PERFORMING ARTS

The Mamas Birds Performing Arts Youth Summer Program brought to you by SandyRedd, breakout contestant from NBC’s hit show The Voice Season 15. Going into its 9th consecutive year running, the Mama’s Birds program continues to provide singing, dancing, acting, and songwriting lessons, (rappers welcome), stage presence coaching, vocal control, photo shoots, studio session, bio development, cash rewards, experienced instructors in the business and much more for ONLY $4 PER HOUR. BIG FINALE SHOWCASE included as well. Eight-week program with limited seating so REGISTER ASAP!! Payment Plan Available.

Payment Plan: A $30 deposit (per person) with the balance due by July 20, 2019. An additional $10 payment plan fee is due at registration. Online registration is not available for the payment plan option. Please register in-person at the Recreation & Parks Department.

ADULT SIP AND CREATE

Embrace your inner artist so your true colors can show! No matter if, you are a beginner or a seasoned Creative, this event will inspire you to open up, have fun, sip a little wine or beverage of your choice (BYOB), and enjoy adult conversation. You will leave feeling accomplished and with a new piece of art to hang on the wall, wineglass to display, or one of a kind candle to burn! The themes change, so why not join us every month! Meosha Thomas instructs the class.

Registration deadline one week prior to class date.
Drop-in Option: Fee $25 per class. Please call Recreation and Parks at 708-748-2005 before 5:00 pm on Thursday to confirm that class is meeting.

Ages 21 & Older $25 1 session
Village Hall, Employee Lounge
24108-01 F 7-10 pm June 14
24108-02 F 7-10 pm July 12
24108-03 F 7-10 pm Sept 13

YOU NG CREATIVES

“All children are artists, the problem is how to remain an artist once you grow up?” Pablo Picasso. So, before you can become a Jacob Lawrence or Picasso, you must first get comfortable with, and try different tools and mediums. That’s how we awaken and release the Creative You inside. Meosha Thomas instructs the class. Registration deadline one week prior to first class. Drop-in Option: Fee $15 per class. Please call Recreation and Parks at 708-748-2005 before 5:00 pm on Friday to confirm that class is meeting.

Ages 5-19 $40 4 weeks
Village Hall, Lower Level - Rooms 1 & 2
24016-01 Sa 11 am-2 pm June 8-29
24016-02 Sa 11 am-2 pm July 6-27
24016-03 Sa 11 am-2 pm Aug 3-24

BEGINNING BLUES HARMONICA

Learn basic harmonica techniques. Learn to play clear single notes, tongue blocking, and play within the 12 bar blues progression. We will also cover bending notes, octaves and more. No musical experience is required. Bring a C diatonic harmonica, a desire to play the blues and your ears. Clement Bashir instructs the class.

No class July 3.

Ages 15 & older $80 8 weeks
Village Hall, Recreation & Parks Conference Rm
22100-01 W 7-8 pm June 26-Aug 21
22100-02 W 7-8 pm Aug 28-Oct 16

MAMA’S BIRDS PERFORMING ARTS

The Mamas Birds Performing Arts Youth Summer Program brought to you by SandyRedd, breakout contestant from NBC’s hit show The Voice Season 15. Going into its 9th consecutive year running, the Mama’s Birds program continues to provide singing, dancing, acting, and songwriting lessons, (rappers welcome), stage presence coaching, vocal control, photo shoots, studio session, bio development, cash rewards, experienced instructors in the business and much more for ONLY $4 PER HOUR. BIG FINALE SHOWCASE included as well. Eight-week program with limited seating so REGISTER ASAP!! Payment Plan Available.

Payment Plan: A $30 deposit (per person) with the balance due by July 20, 2019. An additional $10 payment plan fee is due at registration. Online registration is not available for the payment plan option. Please register in-person at the Recreation & Parks Department.

Ages 7-18 $240 8 weeks
Village Hall, Lower Level - Rooms 1 & 2
24008-01 Tu, W, F 10 am-12:30 pm June 11-Aug 2

BEGINNING BLUES HARMONICA

Learn basic harmonica techniques. Learn to play clear single notes, tongue blocking, and play within the 12 bar blues progression. We will also cover bending notes, octaves and more. No musical experience is required. Bring a C diatonic harmonica, a desire to play the blues and your ears. Clement Bashir instructs the class.

No class July 3.

Ages 15 & older $80 8 weeks
Village Hall, Recreation & Parks Conference Rm
22100-01 W 7-8 pm June 26-Aug 21
22100-02 W 7-8 pm Aug 28-Oct 16
SUMMER CAMPS

CAMPAPALOOZA I & CAMPAPALOOZA II
Park Forest Recreation & Parks Summer Camp offers your camper an enriched and fun filled summer so sign up today and let's have a fantastic two months! Participants bring their own swimsuit, towel, water bottle and concession money; we provide the rest! T-shirt included. No camp on July 4th. On-line registration is not available for Summer Camps.

New Camp Programs!
•STEM and Performing Arts
•Sports and Fitness
•Art Classes and Life Skills
•Field Trips, Movie Days and More!
•Play and Exploration
•Reading with the Park Forest Public Library
•Lessons and Open Swim at the Park Forest Aqua Center
•Lunch and Afternoon Snack

CAMPAPALOOZA I - 9 AM TO 5 PM
Campapalooza I  Ages 5-15  $875  8 weeks
Recreation Center, 215 Wilson St.
16002-01 M-F  9 am-5 pm  June 10-Aug 2

CAMPAPALOOZA II - 9 AM TO 1 PM
Campapalooza II  Ages 5-15  $438  8 weeks
Recreation Center, 215 Wilson St.
16004-01 M-F  9 am-1 pm  June 10-Aug 2

BEFORE & AFTER CARE
EARLY RISER’S CAMP - 7 AM-9 AM
Stop summer brain drain during our daily morning hour of power. Campers will have the opportunity to experience educational math, science and reading games during this early camp option. Campers must arrive by 8 am to take advantage of this fun and exciting program. No camp on July 4th.

Ages 5-15  $135  8 weeks
Recreation Center, 215 Wilson St.
16000-01 M-F  7 am-9 am  June 10-Aug 2

CAMPAPALOOZA I LATE SETTERS - 5 PM-6 PM
Need some extra time at the end of the day? Late Setters Camp is open to youth enrolled in Campapalooza I for parent's that can’t quite make the 5 pm pick up. Campers will have the option to participate in fun programs including comedy skits, scavenger hunts and more! No camp on July 4th.

Ages 5-15  $125  8 weeks
Recreation Center, 215 Wilson St.
16003-01 M-F  5-6 pm  June 10-Aug 2

*Summer Camp Payment Plan
•Campapalooza I - $300 down per camper at time of registration.
•Campapalooza II - $200 down per camper at time of registration.
•A $10 payment plan processing fee must be paid in full at registration.

REMAINING CAMP BALANCE MUST BE PAID IN FULL BY FRIDAY, JUNE 21, 2019 TO REMAIN IN CAMP.

*Parent/Guardian must complete registration and payment plan paperwork at the Recreation & Parks Department,
350 Victory Dr., Park Forest, IL 60466 / 708-748-2005
TRIPS

TRIP REGISTRATION INFORMATION
• Trip return times are approximate and may change due to unforeseen circumstances and traffic.
• In the event of low enrollment, a luxury passenger van may be substituted for a motor coach bus.
• Refunds - Refunds for trips may vary due to non-refundable tickets or fees. Refund requests made prior to the trip registration deadline will be given less a 5% refund fee. Online registration fees are non-refundable. Cancellations made by Recreation & Parks are not subject to the 5% refund fee. Refunds for purchases made by credit card are processed back to the credit card. Refunds for purchases made by cash or check are processed with a check (within ten business days) through the Village of Park Forest Finance Department.

TRIPS MAILING LIST
The Recreation & Parks Department offers trips throughout the year. Please contact the Recreation & Parks Department at 708-748-2005 to be placed on the mailing and/or email list.

Trips are also listed on the Village of Park Forest website at: www.villageofparkforest.com.

CHICAGO BUS TOUR - MURDER, MAYHEM & THE MOB
Come join us for a 2-hour tour as we see the dark side of town that was once known as “The Black City.” From the legendary Levee to the infamous instruments of organized crime to the nefarious characters who gave Chicago one of its many international reputations, we will see all the stuff you’ve heard about, read about and wondered about. Lunch is included and will be announced at a later date. This trip is in conjunction with Frankfort Township Senior Center. Registration deadline May 24, 2019.

Ages 18 & Older $95 per person
Depart/Return: Village Hall, Lobby
24802-01 W 8 am-6 pm June 5

BLUE CHIP CASINO/LIGHTHOUSE PLACE PREMIUM OUTLETS
Have fun at Blue Chip Casino in Michigan City, Indiana! Blue Chip Casino offers 65,000 square feet of gaming on a single, luxurious and spacious level, with 42 table games, eight live poker room tables and more than 1,700 slots. With your favorite games and the ultimate gaming environment, Blue Chip Casino will put you in the mood to play! This trip includes a $15 food voucher person and $10 in E Play to each person who received 1,000 points on their player's card. Please have Blue Chip Rewards Player’s Card number ready when registering if applicable.

Don't want to gamble? Shop till you drop at Lighthouse Place Premium Outlets via Village sponsored Uber ride, lunch on your own.

When registering please choose between Blue Chip Casino or Lighthouse Place Premium Outlet. Registration deadline two weeks prior to trip date.

Ages 21 & Older $30 per person
Depart/Return: Village Hall, Lobby
24803-01 T 9:30 am-4:30 pm June 18 (Registration deadline June 4)
24803-02 T 9:30 am-4:30 pm July 16 (Registration deadline July 2)
24803-03 T 9:30 am-4:30 pm Aug 20 (Registration deadline August 6)
TRIPS

GET YOUR KICKS ON ROUTE 66

During this nine-hour tour, you will travel from Joliet to Pontiac, IL along the original world-famous Route 66. Along the way, enjoy a history of the famous road, plus entertaining stories about the many towns that have crossed its path. Beginning with the Joliet Rt. 66 Welcome Center, there will be many opportunities to take photos with the route’s historic icons, including the Launching Pad’s Gemini Giant in Wilmington and at the Polk-a-Dot Drive-In in Braidwood. Upon arriving in Pontiac, one of Route 66’s Red Carpet Corridor Communities, you will enjoy lunch at Bernardi’s Restaurant. Following lunch, visit several of Pontiac’s well-known attractions, including the Illinois Rt. 66 Museum, the Livingston County War Museum, Pontiac-Oakland Auto Museum, Museum of the Gilding Arts, the International Walldog Mural & Sign Art Museum. Our final stop will be Pontiac’s three celebrated Swinging Bridges, all spanning the Vermilion River. The oldest of which being built in 1898 was originally constructed of iron! Each guest will receive a complimentary Illinois Route 66 souvenir map! This tour is in conjunction with Frankfort Township Senior Center. Registration deadline: July 1, 2019.

All Ages $90 per person
Depart/Return: Village Hall, Lobby
24712-01 W  8 am-6 pm    July 10

CHICAGO RIVERFRONT LUNCH CRUISE

Don't miss this event as we ride aboard the brand new Odyssey lunch cruise on the Chicago River. Departing from the revitalized Chicago River Esplanade, this European-inspired ship is fully glass-enclosed and ready to show you the city from a whole new perspective. This new vessel began sailing in Fall 2018 and features a climate-controlled plated dining experience (entree selection made aboard), with music and disc jockey. Fee includes river dining cruise and transportation. Registration deadline: June 21, 2019.

All Ages $125 per person
Depart/Return: Village Hall, Lobby
24710-01 W  10:30 am-4 pm    June 26

MIRACLE, 108 YEARS IN THE MAKING

Miracle is a new musical held at The Royal George Theater, about a blue collar Chicago family and what it means to be a Chicagoan. Set against the backdrop of the Chicago Cubs 2016 championship season, this heartwarming story chronicles the tale of the Delaneys, a Northside family whose lives for generations have been intrinsically linked to the Cubbies. As times change and the family business faces the threat of a changing neighborhood, can they keep faith not just in their team, but each other? Lunch is at Vinci. Registration deadline: June 27, 2019.

Age 18 & Older $110 per person
Depart/Return: Village Hall, Lobby
24807-01 Th  10 am-6 pm    July 11
TRIPS

CATS THE MUSICAL

Join us at the Nederlander Theater for CATS, the record-breaking musical spectacular by Andrew Lloyd Webber that has captivated audiences in over 30 countries and 15 languages, is now on tour across North America! Audiences and critics alike are rediscovering this beloved musical with breathtaking music, including one of the most treasured songs in musical theater - “Memory”. Winner of 7 Tony Awards® including BEST MUSICAL, CATS tells the story of one magical night when an extraordinary tribe of cats gathers for its annual ball to rejoice and decide which cat will be reborn. A pre-show luncheon will be served at Weber Grill with your choice of Plank Grilled Salmon, Herb Parmesan Chicken Breast or Weber's Signature BBQ Baby Back Pork Ribs - Half Slab. Registration deadline: July 19, 2019.

All Ages $110 per person
Depart/Return: Village Hall, Lobby
24711-01 W 10:30 am-6 pm July 31

CHICAGO HISTORIAL TOUR

The History of Chicago from the South Side to the North Side. The tour will include Pullman, Hyde Park, Bronzeville, South Loop, Downtown Loop, River North and Lincoln Park. Topics will range from the glaciers, to the explorers, to modern times. Includes admission and boxed lunch at the Chicago History Museum. Please mention beverage and sandwich choice when registering. Choices are Clark Street BLT, Old Town Caprese, Lakeshore Drive Tuna, North Side Turkey or Dearborn Ultimate Ham. Lunch includes homemade chips, fruit, cookie and choice of water or soft drink. Registration deadline: July 26, 2019.

Age 18 & Older $100 per person
Department/Return: Village Hall, Lobby
24804-01 W 9 am-6 pm Aug 7

GRANT PARK MUSIC FESTIVAL

Join us for A MASS OF LIFE: A CELEBRATION OF THE HUMAN SPIRIT in Grant Park's beautiful Jay Pritzker Pavilion. Your ticket includes a seat close to the stage and transportation.

We will arrive early so you may take advantage of the many dining options available to you at the park before the concert begins. During the concert, enjoy Carlos Kalmar as he conducts a rarely performed, epic work—an exultant celebration intermingled with the contemplation of eternity—featuring the orchestra, an expanded chorus and an all-star line-up of vocalists. Registration deadline: July 29, 2019.

Age 15 & Older $60 per person
Depart/Return: Village Hall, Lobby
24713-01 Sa 4:30 pm-10:30 pm Aug 10
TRIPS

WOODSTOCK TOUR

1969 began with The Fifth Dimensions hit “The Age of Aquarius” on top of the charts. Later that year Neil Armstrong walked on the Moon and then 400,000 music lovers walked onto a New York farm for a Rock & Roll festival called WOODSTOCK. Join us on this 3-day/2 night 50th Anniversary Tribute that is sure to take you back in time.

Registration deadline June 21, 2019. Contact Recreation & Parks for more information or visit our website at www.villageofparkforest.com.

Double Occupancy Rate: $650 per person
Single Occupancy Rate: $780 per person

Payment Plan: $100 deposit (per person) at registration with balance due by June 21, 2019.

Trip Insurance - Optional trip insurance available for $58 per person. Make trip insurance checks payable to “Many Destinations Travel”.

Age 18 & Older 3 days
Depart/Return: Village Hall, Lobby
24805-01 F-Su 8 am-9 pm Aug 16-18

THE LOVEABLE SPIRITS OF LOUISVILLE

Join us in Louisville for America’s largest group tour Halloween Party! Halloween thrills include a Masquerade Dinner, Phantom of the Opera film, a Jack-O-lantern Spectacular, the Crypt Kicker Five, and the Headless Horseman at Churchill Downs. A Graveyard Smash that is sure to sell-out in a flash!

Registration deadline: September 1, 2019. Contact Recreation & Parks for more information or visit our website at www.villageofparkforest.com.

Double Occupancy Rate: $825 per person
Single Occupancy Rate: $1,025 per person

Payment Plan: $100 deposit (per person) at registration with balance due by September 1, 2019.

Age 21 & Older 4 days
Depart/Return: Village Hall, Lobby
24806-01 Tu-F 8 am-8am Oct 29-Nov 1

Age 18 & Older 3 days
Depart/Return: Village Hall, Lobby
24805-01 F-Su 8 am-9 pm Aug 16-18
TRIPs

TREASURES OF THE PHARAOHS - EGYPT
FEATUREING A FOUR NIGHT NILE RIVER CRUISE
(10 DAYS) - OCTOBER 10-20, 2019

Ancient wonders, endless golden sands and atmospheric local souqs make Egypt the ultimate travel destination. From the enigmatic aura of the Sphinx, to the imposing glory of the Pyramids, step into the Land of the Pharaohs and discover the exotic charms of evocative Egypt. Trip includes 21 meals. Registration deadline: July 10, 2019.

Valid passport required. *Complimentary pick-up and drop-off from your home inclusive when purchasing trip with airfare. $400 deposit due at registrations, with the balance paid in full by July 10, 2019. Travel Protection Plan is available for $249 per person (must be paid in full at registration). Contact Recreation & Parks at 708-748-2005 for a Treasures of the Pharaohs brochure.

Age 21 & Older
Depart/Return: Village Hall, Lobby
Th-Su Depart/Return: TBD Oct 10-20, 2019

Double Occupancy Rates:
$2,500 per person without Airfare
*$4,000 per person with Airfare

Single Occupancy Rates:
$3,349 per person without Airfare
*$4,849 per person with Airfare

NASHVILLE SHOW TRIP
DIAMOND TOURS

Motorcoach transportation
4 nights lodging
8 meals: 4 breakfasts and 4 dinners
2 Great Shows: The Grand Ole Opry & Nashville Nightlight Dinner Theater
Guided Tours of Nashville and Belle Meade Plantation
Admission to the Country Music Hall of Fame
Admission to the Mansion at Fontanel
Ride on the Delta Flatboats inside the Opryland Hotel

Registration deadline: September 11, 2019. Trip is non-refundable. On-line registration is not available for this trip. Please register at: Recreation & Parks Department, 350 Victory Dr., Park Forest, IL 60466. For more information, call (708)748-2005.

Age 21 & Older
Depart/Return: Village Hall, Lobby
14625-01 M-F November 18-22, 2019

Single Occupancy Rate: $855 per person
Double Occupancy Rate: $675 per person
Triple Occupancy Rate: $649 per person

Payment Plan: $75 per person due upon registration, with the balance due in full by September 11, 2019. Trip insurance is available through Travel insured International for an additional fee. See flyer for details. For more pictures, video and information visit: www.GroupTrips.com/villageofparkforest
May 18, 2019: Cottage Gardens: Salvage style, multitudes of scented flowers, and the occasional critter. The perfect spot to enjoy an evening after a long day at work!

June 15, 2019: Vegetable Containers: Which combos look great, and which vegetables work in hanging pots.

July 20, 2019: Spring Bulbs: But it’s July, why are we talking about spring bulbs? Because, now is when you should be receiving your first Fall Bulb catalogs! Order now, Companies ship in October, and you will be the envy of the neighborhood in May!

August 17, 2019: Weeds: The bad, the Really bad, and the best ways to get rid of them.

September 21, 2019: Fall Cleanup: What you should cut down, what bushes get pruned, and how to compost all those wonderful leaves!

October 12, 2019: Hardscape Ideas: Hardscape is the parts of your yard that are permanent, such as sidewalks, driveways, and fences. Here are some suggestions for more than your average concrete.

November 16, 2019: Easy ways to be more Eco-Friendly: It’s really not very hard. Simple, easy tips on saving water, preventing runoff, composting, and saving money!

December 14, 2019: Easy houseplants: which ones are the best for low light, low humidity, and forgetfulness.
SENIOR OPPORTUNITIES

TRIPS
The Recreation & Parks Department offers trips throughout the year. Contact the Recreation & Parks Department at 708-748-2005 to be placed on the mailing and/or email list. Trips are also listed on the Recreation & Parks website at www.villageofparkforest.com.

PARK FOREST SENIOR CITIZENS ADVISORY COMMISSION
The Senior Citizens Advisory Commission discusses issues related to the elders of the community and assists in the planning of educational and health focused events for seniors.

The commission meets on the first Thursday of each month. Park Forest residents interested in serving on the Senior Citizens Advisory Commission may complete an application at the Village Manager’s office at Village Hall. For additional information on applying for the commission, please call 708-283-5605.

TRANSPORTATION
Adults can ride the Jolly Trolley for $3.00. Seniors, disabled persons, and students pay $1.50. Children under seven ride for free with a fare-paying adult. Times of Operations: Monday thru Friday 9:00 a.m. to 3:30 p.m. For more information, call 708-748-4433.

Reduced fares are available for seniors using the RTA. Information and tickets are available at the Park Forest Village Hall Customer Service Desk.

RICH TOWNSHIP SHIRLEY GREEN SENIOR CENTER
Many senior services and activities are available to all Park Forest Seniors at the Rich Township Shirley Green Senior Center, in DownTown Park Forest at 297 Liberty. For more information, call 708-748-5454 or visit their website at www.richtownship.org.
Volunteering

South Suburban Special Recreation Association is a therapeutic recreation program that is an extension of the Park Forest Recreation & Parks Department. SSSRA is organized to provide individuals of all ages with special needs or disabilities the opportunity to be involved in year-round recreation programs.

A complete program brochure is available at the Park Forest Village Hall and the SSSRA office. Please call the SSSRA office if you would like to receive the brochure on a seasonal basis. Scholarships are available to SSSRA residents with disabilities who would like to participate in one or more programs but cannot afford the fees.

Through the Inclusion process, SSSRA staff members are available to help participants choose an appropriate program, conduct staff trainings, or supply adaptive equipment if you or a family member are interested in a Park District or Recreation Department program.

Since 1949, Park Forest has benefited from a high level of volunteerism and participation in community affairs. Citizens take part in a number of volunteer boards and commissions that provide important insights to Park Forest's elected officials. Volunteers also participate in numerous community, service, and civic organizations dedicated to the betterment of the Village.

If you're interested in serving the community, please complete an application online at:

www.villageofparkforest.com/volunteer
FREEDOM HALL

410 Lakewood Blvd.
Park Forest, IL 60466
(708)747-0580
www.freedomhall.org

Join us in Freedom Hall’s wonderful 287 seat Nathan Manilow Theatre “where every seat is a perfect seat” to enjoy music, comedy, children’s theatre and much more. Call the box office at (708)747-0580 for additional information or visit our website at www.freedomhall.org for a listing of performances.

FACILITY RENTAL

Freedom Hall’s variety of meeting rooms and award-winning architecture combine flexibility with professional atmosphere. For more information contact Freedom Hall at (708)747-0580 or email nfell@vopf.com.

NATHAN MANILOW THEATRE

Our newly designed 287 seat theatre is fully accessible to patrons in wheelchairs (limited handicapped seating available) and has been praised by performers and producers alike. The theatre is equipped with a professional sound system, complete theatrical lighting, a 12 foot electrically powered drop screen on stage, and an acoustical backdrop all of which makes the Nathan Manilow Theatre ideal for theatre groups, recitals, audio/visual presentations or lecture events.

RALPH G. JOHNSON ROOM

The carpeted Johnson Room is equipped with a large screen and has easy access to the service kitchen. With an outstanding view of the adjacent 88 acre Central Park/45 acre Central Park Wetlands, the Johnson Room is perfect for all-day seminars, instructional programs or private events. The Johnson Room accommodates 60 people theatre style or with tables.

MARTIN LUTHER KING, JR. ROOM

The carpeted King Room also overlooks Central Park and is perfect for small meetings or planning groups requiring privacy and quiet solitude; connected to the Johnson Room and the service kitchen by a small hallway, the King Room works well as a discussion area when more than one room is required for an all-day event. The King Room can accommodate 20 people theatre style or 15 at tables.

ART ACTIVITY ROOM

The Art Activity Room located off the backstage area serves as a green room as well as an arts and crafts area. The room accommodates 20 people theater style or 15 at tables, its easy access and close proximity to the stage offer a variety of benefits to those whose meeting requirements are unique.
PARK FOREST AQUA CENTER

PARK FOREST AQUA CENTER
30 North Orchard, Park Forest, IL 60466
(708)747-9490 (Beginning June 1)
Recreation & Parks Dept. (708)748-2005
www.villageofparkforest.com/aquacenter

PARK FOREST AQUA CENTER MEMBERSHIP
2019 SEASON - JUNE 1-SEPTEMBER 2

*Unlimited Access!
*Members Only Family Fun Nights!
*Discounted Rates on Parties and Facility Rentals!
*1-Half Price Daily Pass

Please Note:
• ID Required for Proof of Residency.
• Family consist of individual residing at the same residence (maximum of 10 individuals).
• Membership is not refundable or transferable.
• Children under the age of 15 years must be accompanied by an adult that is a member or paying guest to supervise them at all times.
• Valid pass must be presented for each entry into the facility.
• There is a $5 fee for a replacement pass.
• Swimsuits with liners are required.

MEMBERSHIP RATES

Individual Early Bird Rates (April 1-May 31, 2019)
Park Forest Individual Resident Rate - $72 per person (up to 2 people)
Non-Resident Individual Rate - $92 per person (up to 2 people)

Family Early Bird Rates (April 1-May 31, 2018)
Park Forest Resident Family Rate - 3-person $216, each additional family member after 3: $20 per person.
Non-Resident Family Rate - 3-person $276, each additional family member after 3: $25 per person.

Regular Season Rates (June 1, 2019-September 2, 2019)
Park Forest Individual Resident Rate $82 per person (up to 2 people)
Non-Resident Individual Rate $102 per person (up to 2 people)

Park Forest Resident Family Rate - 3-person $246, each additional family member after 3: $20 per person
Non-Resident Family Rate - 3-person $306, each additional family member after 3: $25 per person.

AMENITIES
• 3 Swimming Pools
• AquaClimb Wall
• Concessions
• Party Rentals
• Sun Decks
• Volleyball Pit
• 2 Drop Slides
• Award Winning Staff
• Family Fun Nights
• Sand Playground
• Sustainable Landscaping
• 160’ Water Slide
• Bathouse
• Free Wi-Fi
• Shaded Grass Areas
• Swim Lessons

MEMBERSHIP REGISTRATION
Register for Membership, Swim Lessons, Day & Private Parties
3 Options for Your Convenience

1. Register Online:
   Aqua Center Memberships at http://activenet.active.com/vopf
   Swim Lessons at https://jeffellismanagement.com/jes/park-forest

2. Register for Memberships at:
   Recreation & Parks Department
   350 Victory Dr., Park Forest, IL (Village Hall)
   Mondays 9 am-8 pm
   Tuesdays thru Friday 9 am-5 pm

3. Register for Memberships, Swim Lessons, Day and Private Parties at:
   Park Forest Aqua Center
   30 N. Orchard, Park Forest, IL
   *Thursday, May 30 5-7 pm
   *Friday, May 31 4-7 pm
   *June 1-September 2, during normal business hours
DAILY GUESTS

All Day Pool Pass (12pm-7pm)
$12 per person

Evening Pool Pass (after 4pm)
$8 per person

Non Swimming Guest Pass
$5 per person
(Must be a parent or guardian 18 years or older when accompanying a full paying minor under 15 years old.)

10 Day Individual Guest Pass
$90 per pass
(Allows the same individual to enter the facility on 10 days of their choice. Pass may not be shared. Pass will NOT be replaced if lost/stolen.)

10 Day Multi-Person Guest Pass
$110 per pass
(Allows multiple individuals to enter the facility on different days or the same day during the Aqua Season. Pass will NOT be replaced if lost/stolen.)

• Bring a valid ID for entry (State ID, Driver’s License, School ID).
• No charge for children 2 years of age and under.
• No refunds/rainchecks due to closing for inclement weather or low attendance.
• No checks accepted for daily passes.
• Children under 15 must be accompanied by an adult at all times.
• Swimsuits with liners are required.
• Please refer to the Facility Policies and Rules for additional information at Front Desk.

SPECIAL EVENTS!

Members Only Kickoff
Special night for just PFAC Members!
May 31st
4 pm-7 pm

Hawaiian Night
Summer Luau filled with games and fun!
June 15th
7:30 pm-9:30 pm

Glow Swim
After-Hours Glow Fun!
July 20th
7:30 pm-9:30 pm

Carnival Night
Carnival-style games for the entire family!
August 2nd
7:30 pm-9:30 pm

• Special Member Appreciation Events TBA
• Facility may close early on special event nights.

POOL SCHEDULE

*Summer Hours
June 1-August 11, 2019
*July 4th Limited Hours

East Lap Pool (18 years & Older)
Monday thru Saturday - 11 am-7 pm
Sunday 12 pm-7 pm

All Other Pools, Open Swim & Water Slide
Monday thru Sunday - 12 pm-7 pm

*Back to School
August 12 - September 2, 2019
Limited Hours on Labor Day, September 3rd

East Lap Pool (18 years & Older)
Saturday - 11 am-7 pm

All Pools, Open Swim & Water Slide
Monday, Wednesday and Friday 4-7 pm
Sunday - 12-7 pm

• Members enter the facility 10 minutes prior to the general public.
• Some pools or sections of the pools may be closed for swim lessons, special activities and Village functions.
PARK FOREST AQUA CENTER

SWIM LESSONS & PROGRAMS
To register or for a closer look at swim lessons and programs, visit: https://jeffellismanagement.com/jes/park-forest.

GROUP SWIM LESSONS
Group Swim Lesson Rates: Resident - $25/session Non-Resident - $45/session

NEW! SPLASHTASTIC SUMMER CAMP
Build on both swimming skills and overall confidence in the water, working on swim strokes, drills and also learning basic emergency response skills through a Jr. Lifeguard.

<table>
<thead>
<tr>
<th>Days</th>
<th>Dates</th>
<th>Time</th>
<th>Min/Max</th>
<th>Resident</th>
<th>Non-Resident</th>
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</thead>
<tbody>
<tr>
<td>Mon-Thur</td>
<td>6/24-6/27</td>
<td>10 am - 1 pm</td>
<td>4/12</td>
<td>$100</td>
<td>$120</td>
</tr>
<tr>
<td>Mon-Thur</td>
<td>7/15-7/18</td>
<td>10 am - 1 pm</td>
<td>4/12</td>
<td>$100</td>
<td>$120</td>
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<tr>
<td>Mon-Thur</td>
<td>8/5-8/8</td>
<td>10 am - 1 pm</td>
<td>4/12</td>
<td>$100</td>
<td>$120</td>
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NEW! JR. LIFEGUARD CAMP
This new camp is geared towards those interested in starting a career in lifeguarding.

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<tr>
<th>Days</th>
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<th>Time</th>
<th>Min/Max</th>
<th>Resident</th>
<th>Non-Resident</th>
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<tbody>
<tr>
<td>Mon-Thur</td>
<td>6/24-6/27</td>
<td>11 am - 1 pm</td>
<td>4/12</td>
<td>$60</td>
<td>$80</td>
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<tr>
<td>Mon-Thur</td>
<td>7/15-7/18</td>
<td>11 am - 1 pm</td>
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<td>11 am - 1 pm</td>
<td>4/12</td>
<td>$60</td>
<td>$80</td>
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</tbody>
</table>

NEW! WATER AEROBICS
Water aerobics is a great way to have fun and stay in shape while also eliminating the risk of joint pain and exhaustion from land activities.

<table>
<thead>
<tr>
<th>Days</th>
<th>Dates</th>
<th>Time</th>
<th>Min/Max</th>
<th>Resident</th>
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<tbody>
<tr>
<td>Tues/Thurs</td>
<td>6/18-6/27</td>
<td>11 am-11:45 am</td>
<td>6/12</td>
<td>$25</td>
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<tr>
<td>Tues/Thurs</td>
<td>7/16-7/25</td>
<td>11 am-11:45 am</td>
<td>6/12</td>
<td>$25</td>
<td>$45</td>
</tr>
</tbody>
</table>
DAY PARTY PACKAGES
For reservation inquiries prior to May 30, email njenkins@vopf.com and sperkins@vopf.com.

Day Party Times:
Monday-Friday: 1 pm-7 pm
Saturday/Sunday: 1 pm-6 pm

Parties are not available on evenings when swim lessons are in session. Reserve your date with a $50 non-refundable deposit that is applied to the total cost of your party at the time of final payment. Contact the Aqua Center for more information.

Package 1 - Just for Kids
This package is for up to 15 people for 2.5 hours. Majority of guests and the guest of honor must be 10 years of age or under. FREE daily pass for future use.

Member: $135 plus $5 per extra guest
Non-member: $150 plus $6 per extra guest

Package 2
This package is for up to 20 guests for 4 hours. Package 2 is ideal for small groups of all ages. Package includes a FREE daily pass for future use.

Member: $210 plus $6 per extra guest
Non-member: $250 plus $7 per extra guest

Deluxe Package 3
This package is for up to 30 people for 5 hours. A perfect package for larger groups of all ages. Package includes 2 FREE daily passes for future use.

Member: $345 plus $7 per extra guest
Non-member: $360 plus $9 per extra guest

PRIVATE PARTIES

Have a FUN and EXCLUSIVE summer party!

Private parties can be booked on Friday, Saturday, or Sunday evenings starting at 7:30 pm.

Aqua Center members receive a discounted rate!

Contact the Aqua Center for more information.
THORN CREEK NATURE CENTER

THORN CREEK NATURE CENTER
247 Monee Road, Park Forest, IL 60466
708-747-6320
thorn_creek@att.net
Visit our website: tcwoods.org

Open Friday and Sunday, noon to 4 pm
Call before you plan to visit the nature center.
Trails open daily year-round, dawn to dusk
Trails are natural surface across uneven terrain

Nature Center Closed:
Friday, May 24 and Sunday, May 26 – Memorial Day
Registration is required for programs. Call or email the nature center two days before the program. Nature Center building can be rented for gatherings. Programs for schools, youth groups, scouts, seniors, homeschoolers, and other groups are offered both at the preserve and off-site. Call for information.

WEDNESDAY MORNING WALKERS – WEEKLY PROGRAM

Wednesdays, 9-10:30 a.m. Free! Ages 13-adult. Registration required two days before your first walk. Follow the forest’s seasonal changes, enjoy light exercise and experience nature first-hand on 2 miles of Thorn Creek Woods Nature Preserve’s winding trails.

PRAIRIE SAMPLER WORKDAYS AT THORN CREEK WOODS

Saturdays, June 1 and June 29, 8:30 a.m.-12:30 p.m. Free! Ages 18-adult. Get down and dirty and help care for Thorn Creek’s Prairie Sampler. Located in front of the Nature Center, the small prairie that was nurtured by the late Jim Marzuki needs your help with weeding, pulling tall goldenrod, and trimming out woody plants. Bring your own gloves, hand clippers, and kneelers if you like. Dress for the weather and wear sturdy shoes or boots. Refreshments will be provided. Outdoor work is on natural surface across uneven terrain.

HISTORIC FARM WALK

Saturday, June 8, 1-3 p.m. Free! All ages. Enjoy a summer day on the historic Hornicek Farm nestled in Thorn Creek Woods. Tour the farm buildings, organic gardens, the old-fashioned flower beds and meet brown-egg laying hens. Sip lemonade and listen to music. Meet at the Nature Center, and carpool to the farm.

HIDDEN PONDS HIKE

Saturday, June 15, 1-4 p.m. Free! Ages 10 years or older. Join us for a guided tour of the wet areas of Thorn Creek Woods. Discover vernal ponds, listen for the return of amphibian choruses and explore the marshes of Owl Lake and beyond.
THORN CREEK NATURE CENTER

SOLSTICE HIKE

Friday, June 21, 7:30-9:30 p.m. Free. All Ages. Celebrate the beauty of the summer woods with a woodland hike on the longest day of the year. Discover the naturalist in you as you explore the woods, observing birds and insects, identifying trees and flowers, following tracks and much more.

WOMEN OF THE WOODS: A NATURE RETREAT

Saturday, June 22, 9 a.m.-1 p.m. Adult women; $5 per person. Join retreat facilitator Lynda Randa, biologist, educator and nature enthusiast to discover the naturalist in you as you explore the woods, observing birds and insects, identifying trees and flowers, following tracks and much more.

INSECTS ABOUND FOR KIDS

Sunday June 30, 1-3 p.m. Free. Ages 6-12. Join us to observe the wide variety of these fascinating creatures. Discover what makes an insect unique. Explore the differences between insects, spiders, and other kinds of arthropods. On a hike we’ll search for insect habitats and gently capture a few arthropods to study and then release. Sponsored by Thorn Creek Audubon Society.

SOUNDS OF INSECTS NIGHT HIKE

Sunday, July 14, 7:30-9:30 p.m. All ages. Free! Join us as we venture out on the trail at dusk listening for musical and mechanical insect sounds. Many insects become more active as the sun goes down.

NATURE CAMP FOR SENIORS: BEES

Tuesday, July 16, 9 a.m.–1 p.m. Ages 50 or older; $5 per person. Calling all kids ages 50 years and older to explore bees with Linda Anderson, local beekeeper from Will County Bee Keeping Association. Linda will demonstrate beekeeping with samples of honey, wax and a live bee observation window. Come and learn about the world of honey bees and pollination and maybe win the locally raised honey door prize. Lunch will be provided.

FIREFLIES NIGHT HIKE

Sunday, July 28, 7:30-9:30 p.m. Free! All ages. Fireflies or lightning bugs, no matter what you call them, their flashing light seen throughout the night heralds the official arrival of summer. Let the magic of “lightning bugs” entrance you on this summer night adventure.

CREEK WALK FOR KIDS

Saturday, August 3, 1-3 p.m. Free! Ages 6-12. Children younger than 6 years must be accompanied by an adult. Explore Thorn Creek by taking measurements and doing experiments to learn some of the properties of water. Then we'll walk the waters of the creek and observe what lives there. Wear old clothes and boots. This program for children is sponsored by Thorn Creek Audubon Society.
TENNIS & HEALTH CLUB

PARK FOREST TENNIS & HEALTH CLUB
290 Westwood Dr.
Park Forest, IL 60466
Telephone: (708)481-6060
www.villageofparkforest.com

OPERATING HOURS
Summer Hours: May 13, 2019 - August 30, 2019
Monday-Friday 7:30-11 a.m.
Monday-Thursday 5-9 pm.
Closed Friday evenings, Saturday & Sunday all day and all Holidays
Summer Court Rates - $18 per hour

Beginning May 13 thru September 3, limited facilities at the Park Forest Tennis & Health Club will include exercise equipment, pro shop, racquet stringing and group lessons. Shower facilities will be available; however, Courtside Lounge will be closed for the summer months. Call the Club (708)481-6060 during evening hours for court time availability. Summer indoor court rate is $18 per hour. The 2019-2020 season will begin September 3rd. Call (708)748-2005 if you would like membership information mailed to you.

ONE DAY EXERCISE PASS
$10 a day gives you full access to workout area and locker room facilities.

TENNIS LESSONS
Tennis lessons will be offered starting in early June. Lessons will be listed on the Village of Park Forest website at:

All registrations will be taken in person at the Park Forest Tennis & Health Club or by calling the Club at (708)481-6060.

• Junior Tennis Lessons
• Advanced Beginner/Intermediate Level Tennis
• Adult Tennis Lessons (Beginner to Advanced)

PRIVATE LESSONS
Private Lessons will also be available throughout the Summer. Please contact Lee Irvin at (708)481-6060 to set up a time for private lessons.

RACQUET STRINGING
Racquet stringing and regripping will be available throughout the summer.

We offer 24-48 hour service for tennis and racquet ball racquets. For further information contact Lee Irvin at (708)481-6060 or (708)748-2005.
Dining On The Green

“Host your event at a very special place”

349 Main Street
DownTown Park Forest
708-283-2883
Meeting & Banquet Hall

Catering Provided by
Southland Caterers
South Suburbs’ Finest Caterer
‘Taste the Difference’
Voted Best Caterer of the Southland - 2015
by the SouthTown Star
Tall Grass Arts Association

Tall Grass Arts Association Art School
(Located in back of the Gallery)
70 Lester Rd. Downtown Park Forest
Phone: 708-748-3377
tallgrassartschool@gmail.com

Art Classes for the Whole Family!

Visit the website to view or download the full class catalog, including information about workshops -
http://www.tallgrassarts.org/School-Schedule.html

Tall Grass Arts Association is a 501(c)(3) non-profit organization. Our mission is to promote public education and appreciation of the arts; to encourage artists; and to support high quality art through exhibitions, sales, classes and special programs available to the public of all ages. Tall Grass Arts Association serves the Southland Communities located in the south suburbs of Chicago as well as neighboring communities in Lake County, Indiana and Will County Illinois. We greatly appreciate your support.

SCHOOL SCHEDULE – SUMMER 2019
CLASSES FOR CHILDREN AND TEENS
These classes are designed for students age 5 to 18. Students in this emergent age group are encouraged to develop their own art styles and tastes.

HOMESCHOOLERS / Instructor: Pat Moore / Price: $45 per session / Day: Thur. / Time: 12:30p to 2:00p
Beginning and advanced students explore drawing and painting using charcoal, pen and ink, pencil, pastel, and watercolor. One session will include drawing. Art history is also a part of the curriculum.

Ses. 4: May 2-May 30
Ses. 5: June 6-July 11 (no class July 4)
Ses. 6: July 18-Aug 15
Ses. 7: Sept 26-Oct 24

YOUNG ARTISTS / Instructor: Pat Moore / Price: $45 per session and $35 per session for 5-8 year olds / Day & Time: See chart.

This is a five week project-based class. Beginning and advanced students explore drawing, painting and other media, including pencil, charcoal, pen and ink, pastel, lino-print, acrylic, watercolor, oil pastel, collage, clay and other sculpture materials. Some art history is also presented. Learn to use your imagination!

Saturday (5 weeks) - 9:00a-10:30a (Ages 5-8)
Ses. 4A: May 4-June 1  Ses. 5A: June 8-July 6
Ses. 6A: July 13-Aug 10  Ses. 7A: Sept 28-Oct 26

Saturday (5 weeks) - 10:45a-12:15p (Ages 9-18)
Ses. 4B: May 4-June 1  Ses. 5B: June 8-July 6
Ses. 6B: July 13-Aug 10  Ses. 7B: Sept 28-Oct 26

Thursday (5 weeks) - 5:30p-7:00p (Ages 9-18)
Ses. 5C: May 2-May 30  Ses. 6C: June 6-July 11
Ses. 7C: July 18-Aug 15  Ses. 8C: Sept 26-Oct 24

CLASSES FOR TEENS AND ADULTS
Classes for Teens and Adults are designed to give students a more concentrated study of art processes, tools and materials. These classes are suitable for students age 18 and older.

CROCHET: WEEKLY STUDIO / Instructor: Ginny Kurowski /
Price: $10 per individual date / Day: Friday / Time: 10a - 12p
This is a weekly drop in project-based class. All skill levels welcomed. Bring one skein worsted weight yarn #4, crochet hook size H, and any project that you may be working on. Prior registration is not required for this weekly pay-as-you-go class. Please visit the gallery or website to view specific session dates, or call to secure a workspace.

Ses. 6: June 7, 14, 21, 28  Ses. 7: July 12, 19, 26
Ses. 8: Aug 2, 9, 16, 23  Ses. 9: Sept 9, 16, 23, 30
TALL GRASS ARTS ASSOCIATION

CLASSES FOR TEENS AND ADULTS
Classes for Teens and Adults are designed to give students a more concentrated study of art processes, tools and materials. These classes are suitable for students age 18 and older.

EXPERIMENT WITH WATERCOLOR / Instructor: Margi Hafer/Maureen Cribbs / Price: $85 per session / Day: Monday / Time: 9:30a to 12:00p
This 6 week class offers a wide range of possibilities for beginning and intermediate adult students. You will cover landscapes, interiors, florals, still life and more. Design, color and traditional approaches are also explored. Supplies are available for beginners to use for the first session. A list of class supplies will be discussed in the first session.

Ses. 3: Apr 8-May 13   Ses. 4: May 20-July 8 (no class May 27 & June 10)   Ses. 5: July 15-Aug 12   Ses. 6: Aug 19-Sept 30 (no class Sept 2)

LIFE DRAWING OPEN STUDIO / Instructor: None / Price: $15 per session/individual date / Day: Sunday / Time: 3:30p to 5:30p
This is a life drawing open studio, with a live model. No Instructor is provided. This is a self-guided class that begins with short poses for gesture drawing and moves into longer poses for fuller sketches or full drawings. Work at your own pace. Attendees must be 18 years or older (nude model). Please visit the gallery or website to view specific session dates and assigned models.

Ses. 5: June 9   Ses. 6: July 14   Ses. 7: August 11   Ses. 8: TBD

KNITTING: WEEKLY STUDIO / Instructor: Ginny Kurowski / Price: $10 per session/individual date / Day: Friday / Time: 1:00p to 3:00p
This is a weekly drop in project-based class. All skill levels welcomed. Bring one pair of size 8 knitting needles, one skein worsted weight yarn #4, and any project that you may be working on. Prior registration is not required for this weekly pay-as-you-go class. Please visit the gallery or website to view specific session dates, or call to secure a workspace.

Ses. 6: June 7, 14, 21, 28   Ses. 7: July 12, 19, 26   Ses. 8: Aug 2, 9, 16, 23   Ses. 9: Sept 9, 16, 23, 30

MIXED MEDIA / Instructor: Pat Moore / Price: $60 per session / Day: Tuesday / Time: 7:00p to 9:00p
This 5 week class is for beginners and advanced students. Stretch your imagination and learn a variety of techniques in painting and drawing using a variety of media. This class will also cover basic techniques for framing art and will cover some art history.

Ses. 4: April 30-May 28   Ses. 5: June 4-July 2   Ses. 6: July 9-Aug 6   Ses. 7: Aug 13-Sept 10   Ses. 8: Sept 24-Oct 22

SAVE THE DATES: 64th ANNUAL PARK FOREST ART FAIR
SATURDAY, SEPT. 21 & SUNDAY, SEPT. 22 (10AM to 5PM DAILY – DOWNTOWN PARK FOREST)
CLUBS & ORGANIZATIONS

FRIENDS OF THORN CREEK WOODS

Join Friends of Thorn Creek Woods and support the 985-acre Thorn Creek Nature Preserve and its Nature Center. Formed in 1969, Friends efforts ensured permanent protection for this unique open space enhancing Park Forest and the region. Friends volunteers build and repair trails, create exhibits, monitor species, staff the nature center, lead programs, and raise funds for programs and improvements. Members enjoy a quarterly newsletter and sponsor Earth Day, plus Spring and Fall meetings. Annual family membership is $20 or $50 for an organization; life membership is $200. For more information: 708-747-6320; thorn_creek@att.net; tcwoods.org; P.O. Box 32, Richton Park, IL 60471. Note new P.O. Box.

GARDEN CLUB OF PARK FOREST

The GARDEN CLUB OF PARK FOREST meets on the second Tuesday of each month at St. Marys Church, 227 Monee Road, Park Forest, IL. Meetings begin at noon with light refreshments; a speaker will have a presentation on gardening and related subjects. All are welcome to join us for an afternoon of food, fun and friends!

Our annual GARDEN WALK will be the second Tuesday in July this year. Our annual FALLING LEAVES FESTIVAL will be in October, open to all. Membership is open to men and women from Park Forest and the surrounding suburbs. We have a Facebook page "Garden Club of Park Forest". For more information contact Julie at 708-748-8598 or jatownsend333@comcast.net.

KIWANIS CLUB

The Kiwanis Club of Park Forest, celebrating the vitality of our community for 68 years, is dedicated to performing community service for young people, the aging, and the needy in local and international settings. The club sponsors Key Clubs at Rich Township high schools and has repeatedly been recognized with Distinguished Club Awards. It will celebrate an amazing 68th annual Kiwanis Pancake Day on Saturday, October 5, 2019 at Rich East High School. Club dinner meetings are held on the first Tuesday of each month at 6:30 p.m. at Carlo’s Restaurant in Chicago Heights. The club also has special service project meetings on the third Tuesday of each month at 6:30 p.m. in the Park Forest Village Hall. Call Elmer Washington at 708-816-8089 or email: elchicwash@aol.com for additional information.
PARK FOREST HISTORICAL SOCIETY

The 1950s Park Forest House Museum, 227 Monee Road (St. Mary’s) is open Wednesday and Saturday 1-3:30 pm, “Park Forest 70th Anniversary” exhibit into summer; village history available. Adults $5; 12 & under free. Park Forest Archive, 227 Monee Road, is open Friday 10:00 am to 12:00 pm, or by appointment, Jane Nicoll, 708-481-4252. Seeking volunteers for the museum or to work on the archive collection. Five local history programs each year are free and open to the public. September 22, 2019 program to be announced. Visit parkforesthistory.org for information, to donate and for volunteer opportunities.

PARK FOREST PHOTOGRAPHY CLUB

Have a longing to take better pictures? Have a new camera and don’t know how to use the camera? Why not join the Park Forest Photography Club? We’ve been meeting in Park Forest since 1981 and presently meet at Freedom Hall on the second floor. We meet at 7:30 p.m. the 3rd Wednesday of each month except July and August.

We have a short educational program each night and competition to help improve our skills. Each month a different photo challenge is the competition theme for novice level through advanced level. We compete in B & W, color and Alternative Process (artsy) for each skill level.

Membership is $35 per year. Visitors are invited to attend a meeting free of charge. We’d love to see you. For more information call Allan Fritz at 708-747-0717.

INTERESTED IN LISTING YOUR CLUB OR ORGANIZATION IN THE RECREATION & PARKS BROCHURE? CONTACT CAROLYN HOFF AT 708-283-5652 FOR MORE INFORMATION.
FACILITY RENTALS

The Recreation and Parks Department has a variety of locations for you to host your next gathering. From gym rentals to parties, we have you covered!

Visit our website at www.villageofparkforest.com for additional information or contact the Recreation & Parks Department at 708-748-2005 to book your next event.

RECREATION CENTER
215 Wilson St, Park Forest, IL 60466

Each level can be rented separately or together.

GYMNASIUM
ADA accessible, full size gym featuring 6 backboards, bleachers and a court divider. Facility comfortably accommodates 150 people.

RECREATION ROOM
Features 10 fold-up lunch tables that each seat 12 people comfortably, 2 full-size pool tables, 2 full-size air hockey machines, FREE arcade machines. Facility comfortably accommodates 75 people.

MULTI-PURPOSE ROOMS AT VILLAGE HALL
350 Victory Dr., Park Forest, IL 60466

Each room can be rented separately or together.

Multi-Purpose Room 1
Hardwood floors, dance mirrors, balance bars and a divider to separate both rooms. Room comfortably accommodates 34 people.

Multi Purpose Room 2
Hardwood floors, mirrors, kitchen area, and divider to separate both rooms. Room comfortably accommodates 38 people.

VILLAGE GREEN RENTALS

The beautiful Village Green in DownTown Park Forest is the perfect location for your outdoor event.

Whether it’s saying “I DO” to the love of your life or hosting an outdoor concert, the Village Green is meant for you. Featuring a stage, walkway and small gazebo, the Village Green has a scenic prairie garden backdrop and is closely located to the Dining on the Green banquet hall which can serve as the perfect indoor complement to your outdoor event. Contact the Recreation & Parks Department at 708-748-2005 to schedule your outdoor event today!

FREEDOM HALL
410 Lakewood Blvd.
Park Forest, IL 60466
(708)747-0580
www.freedomhall.org

Freedom Hall’s 287 seat theatre as well as the variety of meeting rooms and award-winning architecture combine flexibility with professional atmosphere. Consider what Freedom Hall offers:

• Competitive Rates
• Flexible Hours
• Ample Parking
• Spacious Foyer & Reception area
• Professionally equipped theater with a 12’ x 12’ projection screen.
• 7’ Wall Screen Large Room Upper Level
• Fully Equipped Serving Kitchen Upper Level
FOR THAT EXTRA SPECIAL PARK VISIT

Park Forest Offers Four Unique Sites to Explore!

CENTRAL PARK WETLANDS
Take a “time-out” in the Central Park Wetlands with an evening stroll on the boardwalk. Walk the perimeter and perhaps be scolded by a Red-winged Blackbird for being too close to its nest or watch a Killdeer playing a broken wing, look for Monarch Butterflies as they feed on the Swamp Milkweed or simply enjoy the breeze through the fall grasses. This hidden gem is guaranteed to refresh your spirit.

THORN CREEK NATURE PRESERVE 247 MONEE RD.
At nearly 1000 acres, Thorn Creek Nature Preserve is home to majestic oaks, hickory trees, white-tailed deer, owls, woodpeckers and much more. Bring the family out for a hike and then top your day off by exploring Thorn Creek Nature Center. Visit our website at http://tcwoods.org for more information.

OLD PLANK ROAD TRAIL
Follow the steps of Native Americans and early settlers with a walk or bike ride on the Old Plank Road Trail. Passing through Park Forest, this “rails-to-trails” project stretches from Chicago Heights to Joliet, connecting to forest preserve lands in both Will and Cook Counties as well as natural areas in neighboring communities.

PARK FOREST RAILFAN PARK
The observation deck at the Park Forest Railfan Park (west of Orchard at Homan & North St.) is the perfect location to watch one of the 30 trains a day maneuver a “one of a kind” wye interchange. While you’re there explore the restored antique caboose and experience the turn-of-the-century prairie landscape.

The Park Forest Railfan Park has become a major tourist destination for train buffs throughout the United States. A trail from the ramp and viewing platform connects the nearby Railfan Park and the Old Plank Road Trail.
PARK FOREST BARK DISTRICT

Located at: 218TH STREET & WILDWOOD DR.
PARK FOREST, IL 60466

PARK FOREST RECREATION & PARKS DEPT.
350 VICTORY DR., PARK FOREST, IL 60466
(708)748-2005

Welcome to Park Forest Bark District, a place where humans and their canine companions can go to run, relax and socialize with other dogs.

The Park Forest Bark District is 3.5 acres, divided into two sections (small/large dogs), with 4 foot high fencing. The park features benches, drinking fountains, bags, waste receptacles and shade for yourself and your dog to utilize. A yearly membership may be purchased at the Park Forest Recreation & Parks Department.

MEMBERSHIP INFORMATION

Hours are from Dawn to Dusk

Annual permit (12 months)
$30 / Park Forest Resident
$40 / Non-Resident

Replacement cards are $10 if you lose or damage your card.

Register at: Recreation & Parks Department
350 Victory Dr.
Park Forest, IL 60466

The Bark District Park is restricted to members only. In order to obtain a membership, a veterinarian issued record of immunizations must be submitted with membership application. Immunizations must be kept current and a copy submitted to the Recreation & Parks Department.

Required vaccinations:
Bordetella
Distemper
Hepatitis
Leptospirosis
Para Influenza
Parvo
Rabies
PARKS PAVILION RENTAL

CENTRAL PARK PAVILION
There are two pavilions at Central Park (East and West) with eight tables in each pavilion, and electrical outlets. The East Pavilion has a kitchen room attached with a sink, stove and refrigerator. Restrooms are located between the two pavilions. Two small grills are located by the West Pavilion. Central Park can accommodate small or large groups. Each pavilion at Central Park holds up to 99 people.

*Groups over 99 people require renting both East and West Pavilions

Groups of 99 or less - East Pavilion with Kitchen - $20 per hour
Groups of 99 or less - West Pavilion - $15 per hour
*Groups of 100-199 - East & West Pavilion together $35 per hour
*Groups of 200 or more - $50 per hour (Additional fees may apply)

SOMONAUK PARK PAVILION - NEW PAVILION OPENING JULY 2019
Groups of 199 or less - $15 per hour
*Groups of 200 or more - $50 per hour
(*Additional fees may apply)

LOGAN PARK PAVILION (MAXIMUM CAPACITY 40 PEOPLE)
Groups of 40 or less - $10 per hour

Logan Park is for groups of 40 or less. The pavilion includes four picnic tables, electrical outlets and one small grill. A public washroom building is located just a few feet from the pavilion. For an outing at Logan Park, be sure to bring your bikes, roller blades, or walking shoes. The renowned Old Plank Road Trail passes through the center of Logan Park.

TEMPORARY LIQUOR PERMIT
A Temporary Liquor Permit (additional fee) is required for events with alcohol. Contact Recreation & Parks Department at 708-748-2005 for more information.

PICNIC KIT
For a $15 fee you can reserve a picnic kit (includes softball, bat, bases, bean bags, volleyball and net).

SUPER COOKER
Rent our super cooker when cooking for a crowd at our pavilions. Fee is $60 (includes delivery).

BALLFIELD RENTALS
Central Park ballfields A & B can be rented for $15 an hour with lights or $10 an hour with no lights. All other ballfields (no lights) Central Park Fields C & D, Illinois and Indiana are $10 an hour. Fields can be reserved no earlier than two weeks before the desired date. Contact Kevin Adams at 708-748-2005 for rental inquiries for Withers Field for soccer or football.

Permits are issued at the Recreation & Parks Department at 350 Victory Dr., Park Forest, IL. Full payment is due at the time of issuing a permit. Call Recreation & Parks Department at 708-748-2005 for more information.
REGISTRATION INFORMATION

RECREATION DEPARTMENT PROGRAM REGISTRATION POLICIES

• All program registration is on a first-come, first-served basis. A registration form is provided on the last page of this booklet.

• IN-PERSON registration will be accepted at the Recreation and Parks Department (Village Hall), 350 Victory Drive, Park Forest, IL 60466 from 9 a.m. to 5 p.m., Monday-Friday, and 5 to 8 p.m. on Monday evening.

• ONLINE REGISTRATION - Registration from the comfort of your home with anytime, around the clock access! Create your online account today at https://apm.activecommunities.com/vopf/Create_Account. Please note: some programs will not be available for online registration. Online registration fees are non-refundable.

• PHONE registration will be accepted over the phone with a credit card (Visa, MasterCard, Discover or American Express) by calling the Recreation & Parks Department at 708-748-2005 during normal business hours.

• MAIL-IN/DROP BOX registration will be accepted for programs unless otherwise listed. Drop box is located outside Village Hall. You will be contacted only if we cannot process your registration due to cancelled or filled classes.

• Before participating in any program or event sponsored by the Recreation & Parks Department a waiver must be signed by the participant or responsible parent/guardian. Waiver form is available at the Recreation & Parks Department or on our website at www.villageofparkforest.com.

• Payment options are cash, money order, credit cards (Visa, MasterCard, Discover or American Express) and checks (payable to “Village of Park Forest”). Returned checks will be charged a $35 fee. Registrations and payments are processed through Active Network, LLC.

• Waiting List - A waiting list will be created when a program/trip has been filled. We will contact you when a space becomes available.

• Refunds - Refund requests made prior to the start date of a program will be given less a 5% refund fee. Refunds for trips may vary due to non-refundable tickets or fees. Refund requests made prior to the trip deadline date will be given less a 5% refund fee. Cancellations made by Recreation & Parks are not subject to the 5% refund fee. Online registration fees are non-refundable. **Please note: Refunds for purchases made by credit card are processed back to the credit card. Refunds for purchases made by cash or check are processed with a check (within ten business days) through the Village of Park Forest Finance Department.**

• Cancellations - If there is insufficient enrollment, Recreation & Parks reserves the right to cancel any program/trip. You will receive notification of cancellation. Cancellations made by Recreation & Parks are not subject to the 5% refund fee. Online registration fees are non-refundable.

• No person otherwise qualified will be denied the opportunity to participate in a fee program because of inability to pay. Contact the Recreation & Parks Department for more information.
REGISTRATION INFORMATION

ACCIDENT-INJURY

The Village’s parks and facilities are available and maintained primarily for and by the residents of Park Forest. Park Forest is committed to maintaining its facilities and conducting its programs and activities in a safe manner and holds the safety of participants in high regard. Park Forest continually strives to reduce the risks and insists that all participants follow safety rules and instructions that are designed to protect the participants’ safety. However, participants and parents/guardians of minors registering for programs/activities must recognize that there is an inherent risk of injury when choosing to participate in recreational activities/programs.

You are solely responsible for determining if you or your minor child/ward is physically fit and or skilled for the activity contemplated by this agreement. It is always advisable, especially if the participant is pregnant or disabled in any way or recently suffered an illness, injury or impairment to consult a physician before undertaking any physical activity.

PHOTO POLICY

The Village of Park Forest staff, contracted and volunteer photographers periodically take photos of program participants and park visitors. Please be aware that these photos are for Village of Park Forest use only and may be used in future publications, websites and paid advertisements.

DONATIONS

Your contribution will support Park Forest Recreation and Parks scholarships and programs. To make a donation online please visit https://apm.activecommunities.com/vopf or contact our office at 708-748-2005.

MEMORIAL TREES AND BENCHES

The Recreation and Parks Department offers a memorial program through which groups, organizations or individuals may purchase trees or benches for any park. Memorial trees or benches for public parks are the perfect way to commemorate individuals, organizations or special family events.

The fee is $150.00 for each memorial tree and $400.00 per park bench. Each donor will receive a certificate of recognition for his or her gift and memorial trees will be listed for permanent recognition on a plaque at Village Hall. Please contact the Recreation & Parks Department at 708-748-2005 for more information.
REGISTRATION FORM

Household Information: Please complete all the information below. Please print.

Primary Guardian (first/middle/last) __________________________ Date of Birth__________________

Secondary Guardian (first/middle/last) __________________________ Date of Birth__________________

Address ______________________________ City, State, Zip ______________________________

Home Phone__________________________  Cell Phone__________________ Cell Phone Company____________________

Email Address ___________________________     Emergency Phone & Name_____________________________________

Does the participant have any special needs or medical concerns/limitations that we need to be aware of?_______________________ ________________

How did you hear about the program/trip?  __Rec/Parks Brochure   __VOPF website   __Social Media (Facebook, Twitter)   __Flyer/Signage   __Other

Name of Participant
First/Middle/Last

Sex
M/F

Birthdate
(mm/dd/yr)

Required

Grade

T-Shirt

Size

Program #

Program Name

Fee

Waiver Policy: Before participating in any program or event sponsored by the Recreation & Parks Dept. a waiver must be signed by the participant or responsible parent/guardian. The waiver form is available at the Recreation & Parks Department or the Recreation & Parks website at www.villageofparkforest.com.

List T-shirt size (if appropriate to program)  YS(6-8)  YM(10-12)    YL(14-16)  AS  AM  AL  XL 1XL  2XL

Make check payable to “Village of Park Forest”

*Payee if different than above: Please Print

Name__________________DOB__________________

Address__________________

City, State, Zip__________________

Phone: (708) 748-2005  Fax (708) 503-8561

Card # ___________________________ Expiration Date ____________

Signature of Cardholder__________________ Card Security Code__________________ (back of card)

Registrations and payments are processed through Active Network, LLC.
PARK FOREST AQUA CENTER

30 N. Orchard
Park Forest, IL 60466
(708)747-9490 - Aqua Center
(708)748-2005 - Recreation & Parks Department
www.villageofparkforest.com/aquacenter

SWIM LESSONS & PROGRAMS
visit: https://jeffellismanagement.com/jes/park-forest

Become a Member Today!
Opening Day, Saturday, June 1st